



WINTER/SPRING 2023 ACTIVITIES GUIDE

Watertown Parks & Recreation

61 Echo Lake Road

Watertown, CT 06795

Phone (860)945-5246

Fax (860)945-4734 InfoLine (860)945-5272

www.watertownctrec.com

Hours: Monday-Friday

8:30am-4:30pm



Watertown Human, Social & Leisure Services

Parks and Recreation, Food Bank, Crestbrook Park, Social & Senior Services

MISSION STATEMENT: The Watertown Parks and Recreation Commission, cognizant of the significant financial investment of the community in Parks and Recreational facilities, encourages their fullest possible use for recreational, cultural and educational purposes.

PLEASE NOTE: ALL LOCATIONS for classes listed in this brochure are subject to change on short notice. We will contact you with any changes from what is listed in the brochure. Thank you for your patience!

ONLINE REGISTRATIONS: Simply go to www.watertownctrec.com and create your household. You'll then be able to register and pay for any and all recreation programs and special events from the convenience of your own home! We accept VISA, Master Card, American Express, Discover and Diner's Club (credit and debit cards).

REGISTERING IN PERSON: Is open Monday through Friday from 8:30 AM – 4:30 PM excluding holidays at the Watertown Parks & Recreation, 61 Echo Lake Road, Watertown, CT 06795. All registrations are based on a first come, first served basis.

REGISTER BY FAX/SCAN: Print the Registration Form – Fax to (860)945-4734 or scan to www.watertownctrec@watertownct.org

REGISTER BY MAIL: Print the Registration Form & Mail to – Watertown Parks & Recreation Department 61 Echo Lake Road Watertown, CT 06795

REGISTRANTS ARE NOTIFIED: When a course is cancelled. If a desired class is full you can put on a waiting list. Additional classes may be opened if facility and instructor are available. The Parks & Recreation Department reserves the right to set a minimum and maximum for each program and to cancel any program due to low enrollment.

All Parks & Recreation programs are subject to change based on updated or adjusted guidelines as outlined by CDC, DPH, TAHD, CT SDE, and/or

Watertown Public Schools.

REGISTER EARLY Nothing cancels a good class quicker than everyone waiting until the last minute to register. If there are not enough registrations by a certain date, the course may be cancelled. Coming in on the day the course begins won't resurrect it, so PLEASE REGISTER EARLY!!

PAYMENT POLICY: Payment, along with proof of age, is due with registration for all programs. We will accept cash, credit card (Master Card, Discover, Diner's Club, American Express, Visa, & debit cards), money order or check made out to "Watertown Parks & Recreation". No pre/postdated checks. A \$20.00 fee will be charged for any returned checks. Instructors will not accept registration at the class site. Fees must be paid at the office prior to participation unless otherwise specified.

REFUND POLICY: Refunds must be requested prior to the Friday before the program begins. No refunds will be given once class begins. Medical refunds will be approved on a case-by-case basis when the request is submitted in a timely manner. A \$10.00 processing fee will be charged for all refunds; unless the Watertown Parks & Recreation is forced to cancel a program.

PROGRAM CANCELLATIONS: The Parks & Recreation Department reserves the right to cancel, postpone or combine classes or change instructors. If insufficient enrollment causes a class to be canceled, full tuition is refunded. The playgrounds, sports camps, and waterfront areas may close at any time in case of inclement weather. In the event of inclement weather, program cancellations will be made on the INFO-Line at (860) 945-5272 by 7:30 am. Fees will not be pro-rated in the event of rain. We make our best effort to provide the class and instructor advertised in the brochure. In the event an instructor can no longer teach a class we will provide another instructor, if one is available, to finish the session. A credit may be issued for the amount of remaining classes. Materials and supplies purchased by you are excluded from refunds and credits.



PROGRAM SCHEDULING: The Park & Recreation Staff has made every effort to prepare this brochure as accurately as possible, however due to publication deadlines program listings/information may require that adjustments be made to programs, fees, schedules, etc. We apologize in advance should you find an error or for any inconvenience that this may cause. Please call the INFO-Line or sign up on our website to receive cancellations or adjustments to the schedule.

PHOTOGRAPHS: Participants may be photographed for the purpose of promotion or advertising in the future brochures, in newspapers or in other Watertown Parks & Recreation Department media.

SECURITY PRECAUTIONS: When the playgrounds are in session all persons attending must be registered in the program. We are responsible for the children registered and the facilities being used. Persons not registered entering the facility or playground area will be asked to leave. Please understand the taxpayers own these facilities, and we are responsible. Also, we are protecting and caring for someone's most precious commodity, their children. Please respect these rules and understand why we cannot have "outsiders" entering our playgrounds and facilities. Please check with your child's camp director regarding the pick-up of your child by someone other than yourself. There are procedures in place at every camp and they will be enforced.

CONFIDENTIAL FINANCIAL SCHOLARSHIPS: are available to qualified applicants (for Watertown/ Oakville residents only). Please contact the Social Services Department at (860) 945-5252 for more information. Care 4 Kids: The Watertown Parks & Recreation Department participates in the Care 4 Kids program. Parents are responsible to make all weekly payments until a certificate is issued from Care 4 Kids and a parent share fee has been determined.

GIFT CERTIFICATES AVAILABLE!! Looking for a last minute gift idea for a family member? Friends? Gift certificates are available at The Watertown Parks & Recreation Department. It's a perfect way to give someone the opportunity to become involved in one of our many program offerings. Gift certificates can be purchased at the Parks & Recreation Department during the business hours of 8:30 am - 4:30 pm or on our website at www.watertownctrec.com.

OFFICE INFORMATION

Location: 61 Echo Lake Road
Watertown, CT 06795
Telephone: (860)945-5246
Fax: (860)945-4734
InfoLine (860)945-5272
Website: www.watertownctrec.com
Hours: 8:30 AM to 4:30 PM
Monday thru Friday

STAFF

Parks & Recreation Director: Lisa Carew
carew@watertownct.org
860-945-5246

Asst. Parks & Rec Director: Carrie Godfrey
godfrey@watertownct.org
860-945-5246

Parks & Recreation Supervisor/Aquatics Dir:
Garry Smith
smith@watertownct.org
860-945-5246

Crestbrook Park Golf Course Foreman:
Ray Marks
marks@watertownct.org
860-945-5248

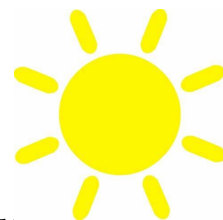
Parks Foreman: John Buono
buono@watertownct.org
860-945-5254

Parks Bookkeeper: Jessica Modeen
modeen@watertownct.org
860-945-5246

Social Services Clerk: Jeanne Vichioli
vichioli@watertownct.org
860-945-5252

PARKS & RECREATION COMMISSION

Meets 1st Thurs. each month at 61 Echo Lake Road, W. – 7:00 p.m. William Donston, Chairman; Ken LaRosa, V. Chair; Pat Rinaldi,



AQUATIC ATTRACTIONS SWIMMING FOR ALL

RED CROSS LIFEGUARDING COURSE

Come learn how to be a lifeguard. This course is meant for strong swimmers who are willing to be dedicated to protecting the lives of others. Participants who pass the course will receive certificates for Life guarding, CPR for the Professional Rescuer & AED. First Aid training is also included in the life guarding course. This course will *not* include Waterfront Lifeguarding. All certifications are for two years. You must commit to attend every date. Instructor: Garry Smith

Location: Watertown High School, Pool
Dates: March 20, 21, 22, 23, 24, 27, 28, 29, 30, 31; April 3, 4, 5, 6
Time: 6:00 pm – 8:45 pm
Cost: Res: \$255 Non-Res: \$270

SWIMMING LESSONS

PARENT AND CHILD AQUATICS 6 MTHS TO 3 YEARS

American Red Cross Parent and Child Aquatics is designed for **children between the ages of 6 months and 3 years old, and their parents.** The purpose of this course is to familiarize children with the water and teach swimming readiness skills. In addition, Red Cross Parent and Child Aquatics provides safety information for parents and teaches parents techniques they can use to help orient their children to the water. There must be one parent in the water per child.

Location: Watertown High, Pool
Dates: Saturdays;
Session 1: March 18, 25; April 1, 15, 22
Session 2: April 29; May 6, 13, 20, 27
Times: 8-8:30am OR 8:35-9:05am
Ages: 6 months to 3 years
Cost: \$51.00/pp

PRESCHOOL AQUATICS 4 & 5 YEARS OLD

American Red Cross Preschool Aquatics is designed for children 4 and 5 years of age. The purpose of the course is to facilitate developmentally appropriate learning of fundamental water safety and aquatics skills.

Location: Watertown High, Pool
Dates: Saturdays;
Session 1: March 18, 25; April 1, 15, 22
Session 2: April 29; May 6, 13, 20, 27
Time: 9:10-9:40am OR 9:45-10:15am
Ages: 4 & 5 Years Old
Cost: \$51.00/pp



LEARN TO SWIM – AGES 6 & UP

Learn to swim through the Red Cross Swimming Program. Lessons for all abilities are available. A variety of levels are available as seen below. **Participants must be 4 feet tall and in first grade.** Read the following for more information. If you are unsure what level to put your child in, please read all descriptions below. A child placed in the wrong level will be moved to the correct level at the discretion of the instructor.

Location: Watertown High, Pool
Session 1: March 18, 25; April 1, 15, 22
Session 2: April 29; May 6, 13, 20, 27

Level 1 (Water Exploration)

Time: 10:20-10:50am OR 10:55-11:25am
Cost: \$55.00

The most basic of swimming skills to help the participants become comfortable in the water.

Level 2 (Fundamental Aquatic Skills)

Time: 11:30-12:15pm Cost: \$61.00

Gives students success with fundamental skills. Floating without support, simultaneous and alternating arm & leg motions on front and back. Also includes self-help and basic rescue skills.

Level 3 (Stroke Development)

Time: 12:20-1:05pm Cost: \$61.00

Students learn to coordinate front & back crawl strokes. Introduction to butterfly and treading water and basic diving rules are covered.

Level 4 (Stroke Improvement)

Time: 1:10-1:55pm Cost: \$61.00

Students will increase their endurance by swimming greater distances. Practice on butterfly continues. Elementary backstroke, breaststroke and elements of sidestroke are introduced along with basic turns at the walls.

Level 5 (Stroke Refinement)

Time: 1:10-1:55pm Cost: \$61.00

Students refine front & back crawl, butterfly, breaststroke, elementary backstroke and sidestroke and increase their distances. Front and back flip turns are learned in this level.

Level 6 (Swimming & Skill Proficiency)

Time: 1:10-1:55pm Cost: \$61.00

Refine strokes so students swim them with more ease, efficiency, power and smoothness over greater distances. Other aquatic activities such as Personal Water Safety, Fitness Swimmer, Fundamentals of Diving and Lifeguard Readiness may also be introduced.

ADULT LAP SWIMMING

Adults age 16 and over are invited to come and swim laps for a good physical and cardiovascular workout. Please pay the lifeguard when you sign in at the pool.

**NO RESERVATIONS REQUIRED.
RESIDENTS ONLY.**

Location: Watertown High, Pool
Dates/Times: Tuesdays & Fridays.
Late January/Early February.
Call the Info-Line at (860)945-5272.
Dates to be announced.
Cost: \$3.00/each date

GET CERTIFIED



ESCAPE THE CRATE DOG TRAINING CLASSES

Please join Alex Esandrio, CCDT from Escape the Crate, LLC for this informative 6-week course designed to help you, the handler, learn how to get the behavior you want from your dog using force free positive reinforcement techniques. Lessons will include teaching focus, name recognition, sit, down, come, stay, leave it and walking on a loose lead. The goal is to teach your dog to be a polite family member. We do not offer make-up lessons for classes missed. Maximum: 6 clients.

Location: American Legion,
62 Bunker Hill Rd, Watertown
Dates: Thursdays;
Session 1: Jan 19, 26; Feb 2, 9, 16, 23
Beginner 1: 6pm – 7pm (No dogs Jan 19)
Beginner 2: 7:15pm – 8:15pm
Session 2: March 9, 16, 23, 30; April 6, 13
Beginner 1: 6pm – 7pm (No dogs March 9)
Beginner 2: 7:15pm – 8:15pm
Session 3: April 27; May 4, 11, 18, 25;
June 1
Beginner 1: 6pm – 7pm (No dogs April 27)
Beginner 2: 7:15pm – 8:15pm
Cost: \$180.00/per session

*Important: **Beginner 1 only:** (the 1st class of each session is for owners only: no dogs!)

POOL SHARKS - FRIDAY FAMILY SWIM

Adults and children enjoy the warm water of the swimming pool at the High School. Adults watching do not have to pay. **Children ages 16 and under MUST be accompanied by an adult that is at least 18 years old.** No shoes allowed on the deck. Please pay the lifeguard when you get to the pool.

**NO RESERVATIONS REQUIRED.
RESIDENTS ONLY.**

Location: Watertown High, Pool
Dates/Times: Tuesdays & Fridays.
Late January/Early February.
Call the Info-Line at (860)945-5272.
Dates to be announced.
Cost: \$3.00/each date OR

\$7 per family each date.
Immediate family members only!

1-DAY SAFE BOATING & PERSONAL WATERCRAFT SAFETY CERTIFICATION

A complete updated safe boating certification course taught in one (8 hour) day. This class includes the newest requirement for towing skiers & tubes. Successful completion will allow the student to purchase a Connecticut Certificate of Personal Watercraft Operation with Safe Waterski Endorsement, which enables them to operate any recreational vessel up to 65 feet in length, with some age restrictions for younger operators. **PRIOR TO TAKING THIS CLASS** each student should create an account online at <https://www.ct.wildlifelicense.com/internetsales>, and click the **START** button. Create an account if you don't already have one, and then print the page that includes your Conservation ID number and bring it to class.

Location: Watertown Parks & Rec
Dates:
Session 1: Saturday, March 11th
Session 2: Saturday, April 8th
Session 3: Saturday, May 6th
Ages: 12 to Adult
Time: 8:30 am - 4:30 pm
Cost: Res: \$65 Non- Res: \$75



BASIC FIRST AID AND CPR: ADULT, CHILD/INFANT and AED

This course combines the American Heart Association First Aid and Heart Saver CPR for Adults Infants and Children with AED. Participants learn first aid basics for adults and must show proficiency in skills. This course teaches what to do in a life-threatening emergency. These emergencies include not breathing, choking and cardiac arrest (heart stopping) which occurs mostly in or near home. Sudden Infant Death Syndrome and prevention of injuries and choking in infants and children will be discussed. With the knowledge and skills in this course participants will learn the warning signs of heart attack, stroke, cardiac arrest choking and breathing difficulties; CPR and relief of choking for adults, children and infants. Students receive hands on training with the AED. This course has a skills exam and no written test. Participants will receive an AHA Heart Saver two-year certification card for Adult First Aid, CPR for adults/children, infants and AED use. Text purchase is not necessary if recertifying. This class reaches the requirements for coaching & job certification! Instructor: Joan Palladino

Location: Watertown Parks & Recreation
Date: Wednesday, February 22nd
Time: 6:00 pm – 9:30 pm
Costs: **Only First Aid or CPR:**
\$50/pp Plus Text \$5
Both First Aid & CPR:
\$65/pp Text \$5



HANDS ON AS WE GROW

****NEW** MOM'S GROUP**

Are you a new mom? Want to meet some local moms? Chris Montambault, former owner of Rise & Shine Nursery School is offering a six-week program designed for mothers of infants, birth to 1 year old. It's a relaxed atmosphere and an opportunity to share and learn from one another. It takes a village!!

Location: WTN United Methodist Church
(corner of Routes 6 & 63)
Dates: Mondays; January 23, 30;
February 5, 13, 27; March 6
(None on 2/20)
Times: 9:00 am – 11:00 am
Ages: Birth – 1 year old
Cost: \$10.00/per session

BABYSITTING COURSE

American Heart Association Babysitting Course for any youth 10 years old and older. It will offer students the necessary tools to become a reliable and safe babysitter. Students will learn basic childcare, safety precautions, child development, appropriate toys and more. Students will receive a handbook with all the information needed to serve as a reference. Participants must attend both nights and will have to meet requirements of the course to receive certification. At the conclusion of the babysitting classes there will be a course on Infant/Child CPR and Family & Friend First Aid. Instructor: Joan Palladino

Location: Watertown Parks & Recreation

Session 1:

Dates/Times:

BABYSITTING CLASS held on:
Thursday, March 9th from 6-8 PM

Dates/Times:

FIRST AID & CPR will be held on:
Friday, March 10th from 6-9 PM

Session 2:

Dates/Times:

BABYSITTING CLASS held on:
Thursday, May 11th from 6-8 PM

Dates/Times:

FIRST AID & CPR will be held on:
Friday, May 12th from 6-9 PM

Cost: Res: \$60 Non-Res: \$70



****NEW** CHILDREN PLAYGROUP**

Chris Montambault, former owner of Rise & Shine Nursery School is offering a six-week playgroup for children birth to three years old and their mother/father/caregiver. It's an opportunity for the children to play together while giving the adults time to spend together. Please bring a snack for your child.

Location: WTN United Methodist Church
(corner of Routes 6 & 63)
Dates: Mondays; April 17, 24; May 1, 8,
15, 22
Times: 9:00 am – 11:00 am
Ages: Birth – 3 years old
Cost: \$10.00/per session



****NEW** INTRO-INTERMEDIATE PHOTOGRAPHY**

Come join instructor, George De Young, retired from TV news after almost 40-years! Participants will gain a greater understanding of how to best use their cameras, the finer points of exploring the instruments and how to get better results with all types of cameras. Beginning with the foundations of photography, including great photographers, B&W film, digital, mirrorless, reflex, APSC, rangefinder, box cameras, telephones, Go-Pros and their uses and values. Composition, framing, automatic vs manual, proper handling of cameras, fashion, macro, weddings, travel, advertising, portrait photography. During the program we'll discuss what interests students have.

Location: Falls Ave Senior Center,
Dates: Mondays; January 23 & 30
Time: 6:00pm - 8:00pm
Ages: 16 & up
Cost: \$55.00



Supplies needed: some type of camera; phone, digital, film cameras or just a thirst for photography!

READY, SET, PLAY!

Parents come connect with other parents of young children with special needs while your kids get a chance to play and socialize in a semi-structured environment directed by a License Behavior Analyst. Playgroup for children ages 1 through 5 with special needs and their siblings provides activities to strengthen fine and gross motor skills, increase communication and encourage socialization and creative play. Please bring your own snack and drink. Instructor: Corina Bernacchi

- Birth to three providers are welcome
Bilingual BCBA

Location: Watertown Parks & Recreation
Dates: Fridays;
Session 1: Jan 6, 13, 20, 27; Feb 3, 10
Session 2: Feb 24; March 3, 10, 17, 24, 31
Session 3: April 21, 28; May 5, 12, 19, 2
Time: 9:30 am – 11:00 am
Ages: 1 – 5 years old
Cost: Free
(Pre-register at www.watertownctrec.com)



YOUNG ACTORS SERIES

In the first week, students will audition for roles as part of a hilarious one act-comedy. There will be a **mandatory** dress rehearsal on Tuesday, February 28th, with the performance at 6:30 pm on Wednesday, March 1st. All registrations include 5 tickets to the performance on the 1st.

Location: Swift Middle School, Auditorium
Dates: Wednesdays; Jan 25; Feb 1, 8, 15, 22; March 1 (Dress rehearsal, Tues, Feb 28th)
Time: 4:30 pm – 5:30 pm
Ages: 6 – 10
Cost: \$140.00



ONE ACT PLAYERS

In the first week, students will audition for roles in a hilarious one-act comedy. There will be a **mandatory** dress rehearsal on Tuesday, February 28th, with the performance at 6:30 pm on Wednesday, March 1st. All registrations include 5 tickets to the performance on the 1st.

Location: Swift Middle School, Auditorium
Dates: Wednesdays; Jan 25; Feb 1, 8, 15, 22; March 1 (Dress rehearsal, Tues, Feb 28th)
Time: 5:30 pm – 7:00 pm
Ages: 11 - 18
Cost: \$150.00

****NEW** DRAMATIC PLAY**

Each week students will explore improvisation and theater games in a fun and collaborative environment! Great for building confidence and developing creativity. Students will work together to create their own scene to be presented the final week of class.

Location: Swift Middle School, Auditorium
Dates: Wednesday; March 29, April 5, 19, 26; May 3
Time: 4:30 pm – 5:30 pm
Ages: 6 - 10
Cost: \$125.00



****NEW** IMPROV WORKSHOP**

Each week students will explore improvisation in a fun and collaborative environment! Great for building confidence and developing creativity. Students will work together to create their own performance piece to be presented the final week of class.

Location: Swift Middle School, Auditorium
Dates: Wednesday; March 29, April 5, 19, 26; May 3
Time: 5:30 pm – 7:00 pm
Ages: 11 – 18
Cost: \$135.00



****NEW** ART & CRAFT WORKSHOP**

Make your own unique spring/summer door hanger using a refurbished tin can. Pick your colors, flowers and stencil. BYOB. No walk-ins. You must pre-register with the Parks & Recreation Department at www.watertownctrec.com. Max 10 people. For more information contact thebud-dhabistro@gmail.com (860)417-6737.

Location: The Buddha Bistro;
27 Siemon Co. Dr. Suite 108S
Date: Friday, March 10th
Time: 5:00pm – 7:00pm
Cost: \$40.00

All Parks & Recreation programs are subject to change based on updated or adjusted guidelines as outlined by CDC, DPH, TAHD, CT SDE, and/or Watertown Public Schools.

YOUTH PAINTING PARTY QUINN & GRAY ART STUDIO

These classes are an amazing addition to your child's art experience! Class is 1.5 hours long, and well suited for children ages 6 & up. Your child will learn about the basics in art, from blending to composition in a fun and relaxed environment. Introducing art in a fun way is important to us! We can make mistakes & everything will still turn out great. We like to reiterate to our artists that we will all work on the same project, but no one's will ever look the same, we are all unique and beautiful! Let's create some magic! Don't forget, please dress for a mess! Space is limited!! Art teacher: Alicia Lombard

Location: Watertown Parks & Rec
Dates: Tuesdays;
Session 1: **Puppy Love** - January 17
Session 2: **Winter Sheep**—February 21
Session 3: **Spring Sloth**—March 14
Session 4: **Spring Gnome**—April 18
Session 5: **Perfect Petunia**—May 23
Time: 5:00 pm – 6:30 pm
Ages: 6 & up
Cost: \$35.00/includes supplies & 16x20 canvas adults. Max purchase 2 tickets and create with child.

Puppy Love Canvas



AFTER SCHOOL ALL STARS

****NEW** CHEMICAL CREATIONS**

Come experience a hands-on world of fun as you conduct a variety of scientific experiments! Learn and discover many different scientific concepts in an entertaining and innovative approach. Learn all about energy and molecules, create a crazy bouncy glob from glue, and make some scary green slime! Make your very own UV bracelet and watch it react to the sun. You will also get to witness some amazing scientific demonstrations from your instructor. Watch snow being created and feel how cold it is! Experience a really powerful magnet, magic sand, and many other exciting experiments in this fascinating and educational program!

Location: Polk School, Art Room
Dates: Mondays; February 27; March 6, 13, 20, 27; April 3
Time: 4:30 pm – 5:30 pm
Ages: 6 - 11
Cost: \$120.00/per session

NEW YEAR CELEBRATION!

Hip, hip, hooray! It is 2023. Ring in the new year with dancing, playing, crafting, and party-snack eating! Children are encouraged to dress in their party best! Instructors: Donna Cincogrono and Hannah Plourde

Location: John Trumbull, Room 100
Date: Monday, January 9th
Time: After School-5PM* A WTN Parks and Recreation Employee will sign your child out of school during the JTPS dismissal! A NOTE MUST BE SENT TO YOUR CHILD'S TEACHER, GRANTING PERMISSION FOR OUR CHILD TO STAY AFTER SCHOOL!
Grades: K - 2
Cost: \$35.00

****NEW** "SNOW" MUCH FUN!**

Celebrate winter with an indoor snow party! Have some snowball fun with your friends and build a snow fort out of marshmallows. Snacks, games, and prizes are also included! Instructors: Donna Cincogrono and Hannah Plourde

Location: John Trumbull, Room 100
Date: Monday, January 23rd
Time: After School-5PM* A WTN Parks and Recreation Employee will sign your child out of school during the JTPS dismissal! A NOTE MUST BE SENT TO YOUR CHILD'S TEACHER, GRANTING PERMISSION FOR OUR CHILD TO STAY AFTER SCHOOL!

Grades: K - 2
Cost: \$35.00



VALENTINE'S DAY PARTY!

Love is in the air! Join Ms. Cincogrono and Mrs. Plourde for an afternoon of fun, friends, and kindness! We will celebrate Valentine's Day with crafts, games, and snacks. Your child is sure to have a "happy heart" during this event! Instructors: Donna Cincogrono and Hannah Plourde

Location: John Trumbull, Room 100
Date: Monday, February 13th
Time: After School-5PM* A WTN Parks and Recreation Employee will sign your child out of school during the JTPS dismissal! A NOTE MUST BE SENT TO YOUR CHILD'S TEACHER, GRANTING PERMISSION FOR OUR CHILD TO STAY AFTER SCHOOL!

Grades: K - 2
Cost: \$35.00

****NEW** ROCK ON - PET ROCK PARTY!**

Rock and roll with pet rocks! Children will design and decorate their own pet rock and build their rock a habitat, all while rocking out to rock and roll music! Snacks, games, and crafts will be provided by the instructors! Instructors: Donna Cincogrono and Hannah Plourde

Location: John Trumbull, Room 100
Date: Monday, March 13th
Time: After School-5PM* A WTN Parks and Recreation Employee will sign your child out of school during the JTPS dismissal! A NOTE MUST BE SENT TO YOUR CHILD'S TEACHER, GRANTING PERMISSION FOR OUR CHILD TO STAY AFTER SCHOOL!

Grades: K - 2
Cost: \$35.00



SUPERHERO PARTY!

Calling all superheroes! During this afternoon of fun, children will design their own superhero mask, create a short comic book strip, and complete a fun and silly superhero training workout! Snacks will be provided by the instructors. Instructors: Donna Cincogrono and Hannah Plourde

Location: John Trumbull, Room 100
Date: Monday, March 27th
Time: After School-5PM* A WTN Parks and Recreation Employee will sign your child out of school during the JTPS dismissal! A NOTE MUST BE SENT TO YOUR CHILD'S TEACHER, GRANTING PERMISSION FOR OUR CHILD TO STAY AFTER SCHOOL!

Grades: K - 2
Cost: \$35.00



SPRING FLING!

Spring is here and Earth is waking back up after a long winter! Each child will create their own spring-related snack, craft, create, play...and of course, have fun with their friends during this after-school party! Instructors: Donna Cincogrono and Hannah Plourde

Location: John Trumbull, Room 100
Date: Monday, April 17th
Time: After School-5PM* A WTN Parks and Recreation Employee will sign your child out of school during the JTPS dismissal! A NOTE MUST BE SENT TO YOUR CHILD'S TEACHER, GRANTING PERMISSION FOR OUR CHILD TO STAY AFTER SCHOOL!

Grades: K - 2
Cost: \$35.00



****NEW**NACHO PARTY!**

This is "nacho" average party! Children will build their own plate of nachos to enjoy during this after-school party, complete with music, fun, and games! Instructors: Donna Cincogrono and Hannah Plourde

Location: John Trumbull, Room 100
Date: Monday, May 8th
Time: After School-5PM* A WTN Parks and Recreation Employee will sign your child out of school during the JTPS dismissal! A NOTE MUST BE SENT TO YOUR CHILD'S TEACHER, GRANTING PERMISSION FOR OUR CHILD TO STAY AFTER SCHOOL!

Grades: K - 2
Cost: \$35.00

LITTLE SCIENTISTS

Little Scientists is a 6-week exciting hands-on/ minds-on inquiry-based science program. We are offering Winter/Spring classes that will explore different topics such as; "Why Is It Cold Outside?", "Animal Adaptations", "Science of Solutions" and many more! Our program incorporates multiple experiments during each class, along with age-appropriate curriculum. A recreation employee will sign students out during the 3:15 pm JTPS dismissal. Please send a note to school for your child's teacher, indicating that they have permission to stay after school! Pick-up will be at 4:15 pm OUTSIDE of the JTPS Main Entry.

Location: John Trumbull School
 Dates: Wednesdays
 Session 1: January 25; February 1, 8, 15, 22; March 1
 Session 2: April 19, 26; May 3, 10, 17, 24
 Grade: PreK - 2
 Time: 3:30 pm – 4:15 pm
 Cost: \$132.00



MAGICAL CREATIONS

Harry Potter fans unite! Come explore the Wizarding World through food, science, and fun! Participants will create a variety of snacks and treats, STEM projects, and participate in games and trivia based on the books and movies! Please send a note to school for your child's teacher, indicating that they have permission to stay after school! Instructor: Mrs. Milo

Location: Polk School, Room 315
 Dates: Wednesdays; January 11, 18, 25; February 1, 8, 15
 Time: 3:30 PM - 4:30 PM
 Ages: 8 - 13
 Cost: \$110.00/per session



NEW SPANISH FOR YOUNG LEARNERS

This four-week course, offered once per week for students grades K-2 and grades 3-5, is an introduction to the basics of Spanish. 5-15 students.

- Week 1 Greetings and Introductions
- Week 2 Counting and Numbers 1-10+
- Week 3 Colors
- Week 4 Foods and Basic Objects

Location: John Trumbull, Classroom
 Dates: Tuesdays;
 Session 1: January 10, 17, 24, 31
 Session 2: March 14, 21, 28; April 4
 Grades/Time: K - 2 3:30pm – 4:15pm
 Grades/Time: 3 – 5 4:30pm – 5:15pm
 Cost: \$100.00

NEW FRENCH FOR YOUNG LEARNERS

This four-week course offered once per week for students grades K-2 is an introduction to the basics of French. 5-15 students.

- Week 1 Greetings and Introductions
- Week 2 Counting and Numbers 1-10+
- Week 3 Colors
- Week 4 Foods and Basic Objects

Location: John Trumbull, Classroom
 Dates: Tuesdays;
 Session 1: January 10, 17, 24, 31
 Session 2: March 14, 21, 28; April 4
 Time: 3:30pm – 4:15pm
 Grades: K - 2
 Cost: \$100.00

NEW PORTUGUESE FOR YOUNG LEARNERS

This four-week course, offered once per week for students grades 3-5, is an introduction to the basics of Portuguese. 5-15 students.

- Week 1 Greetings and Introductions
- Week 2 Counting and Numbers 1-10+
- Week 3 Colors
- Week 4 Foods and Basic Objects

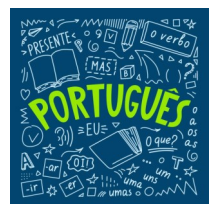
Location: John Trumbull, Classroom
 Dates: Tuesdays; April 18, 25; May 2, 9
 Time: 4:30pm – 5:15pm
 Grades: 3 – 5
 Cost: \$100.00

NEW ARABIC FOR YOUNG LEARNERS

This four-week course, offered once per week for students grades K-2 and grades 3-5, is an introduction to the basics of Arabic. 5-15 students.

- Week 1 Greetings and Introductions
- Week 2 Counting and Numbers 1-10+
- Week 3 Colors
- Week 4 Foods and Basic Objects

Location: John Trumbull, Classroom
 Dates: Tuesdays;
 Session 1: February 7, 14, 28; March 7
 Session 2: April 18, 25; May 2, 9
 Grades/Time: K - 2 3:30pm – 4:15pm
 Grades/Time: 3 – 5 4:30pm – 5:15pm
 Cost: \$100.00



****NEW** WINTER HORTICULTURE**

This four-week course offered once per week for students grades K-2, and grades 3-5, shows that careful observation of details is foundational to all of science and especially nature during the winter months in New England. Hands on learning and critical thinking will forge the way! 5-15 students.

Week 1: Evergreens and leaf identification

Week 2: Bark Rubbing

Week 3: Bud Identification

Week 4: Maple Syrup- understanding tapping and sugaring

Location: John Trumbull, Classroom

Dates: Tuesdays;

Session 1: January 10, 17, 24, 31

Session 2: February 7, 14, 28; March 7

Grades/Time: K - 2 3:30pm – 4:15pm

Grades/Time: 3 – 5 4:30pm – 5:15pm

Cost: \$110.00

****NEW** ANIME 101: LEARN HOW TO DRAW THE BASIC FEATURES OF ANIME!**

Do you enjoy Anime? Then look no further! In this fun and interactive four-week class we will learn the basics of Anime drawing. Every week we will cover a different part of the anime character (eyes, nose, mouth, head angle, hands, feet, & body) and so much more! In this class you will be equipped with the tools you need in order to draw your very own anime styled characters with reusable skills that can be applied over and over again in your future anime work. We will use easy step-by-step instructions in each class, allowing ample time for students to do several sketches which will help ensure they have a good understanding of how to create each part.

- Week 1: Face: eyes, nose and mouth
- Week 2: hands & feet
- Week 3: head angles
- Week 4: body and hair

Location: John Trumbull, Classroom

Dates: Tuesdays;

Session 1: January 10, 17, 24, 31

Session 2: March 14, 21, 28; April 4

Time: 4:30pm – 5:15pm

Grades: 3 - 5

Cost: \$100.00



****NEW** WATERCOLOR FUN!**

Each week, our budding artists will create a visually fun and appealing new masterpiece with pencil, permanent black sharpie marker, and watercolors! I will show a completed sample which I will then recreate in a detailed step-by-step process for the students. Students will have ample time to complete each step as we go. Projects will cover everything from a simple still life, to a warm dreamy sunset, or a breezy seaside scene.

- Week 1: Sea Turtle Fun
- Week 2: Valentine's Hearts
- Week 3: Winter Mountain View
- Week 4: Snowman in a Sunset

- Week 1: Sea Turtle Fun
- Week 2: Owl in a Whimsical Tree
- Week 3: Spring Flowers
- Week 4: Animal in a Sunset

Location: John Trumbull, Classroom

Dates: Tuesdays;

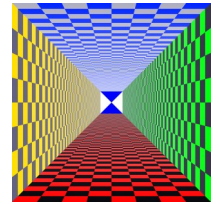
Session 1: February 7, 14, 28; March 7

Session 2: April 18, 25; May 2, 9

Time: 3:30pm – 4:15pm

Grades: K - 2

Cost: \$105.00



****NEW** PERSPECTIVE DRAWING!**

Each week, student artists will learn techniques of perspective drawing. I will show a completed sample which I will then recreate in a detailed step-by-step process for the students. Students will have ample time to complete each step as we go.

Location: John Trumbull, Classroom

Dates: Tuesdays; February 7, 14, 28;
March 7

Time: 4:30pm – 5:15pm

Grades: 3- 5

Cost: \$105.00

FUN WITH FOOD



FOODOLOGY

We're excited to cook with you! Foodology is a creative way to spend time with friends or just test out your baking skills! Tweens can make new discoveries and create like mad scientists whose lab...is a kitchen! All recipes will be provided. Seats are limited. Instructor: Rita Hubbard

Location: Swift School, Cooking Room

Date: Fridays;

Session 1: February 3, 10, 17, 24; March 3, 10

Session 2: April 21, 28; May 5, 12, 19, 26

Time: 7:00 pm – 8:30 pm

Ages: 9 to 12 years

Cost: \$67.00/Residents
\$77.00/Non-Residents

KIDS COOK! JUNIOR CHEFS!

Welcome to our kitchen where kids rule, cooking is a blast, and the fun never ends. The children will get to experience new tastes and learn to prepare recipes from various cuisines "with a twist". Each week will take on a personality of its own, you'll never know what to expect next! Instructor: Rita Hubbard

Location: Swift School, Cooking Room

Dates: Saturdays;

Session 1: February 4, 11, 18, 25; March 4, 11

Session 2: April 22, 29; May 6, 13, 20, 27

Time: 9:00 am to 11:00 am

Ages: 6 to 12

Cost: \$52.00/Residents
\$57.00/Non-Residents
OR \$10.00/Per Date

REGISTER ONLINE

Simply go to www.watertownctrec.com and create your household. You'll then be able to register and pay for any and all recreation programs and special events from the convenience of your own home!

www.watertownctrec.com

CUPCAKES & CRAFTS ... OH MY!

Join Mrs. Abreu for some SPRING themed FUN! Each week, children will engage in different activities including cupcake decorating, cookie decorating, and creating Spring crafts and decorations. Let's get creative! Instructor: Mrs. Sarah Abreu

Location: John Trumbull, Room B145

Dates: Thursdays:

Session 1: February 9th – Valentine's Day

Session 2: March 16th – St. Patrick's Day

Session 3: April 27th – Spring Animals

Session 4: May 25th – Spring Nature theme

Time: 3:35 pm – 4:35 pm

Grades: K-2

Cost: \$35.00/per session

A LOVELY MAY DAY FOR MOMMY & ME

Just in time for Mother's Day! Paint a clay pot and decorate six mini cupcakes with different frostings and candy shots. After completion arrange your cupcakes in your newly painted clay pot. For more information contact thebuddhabistro@gmail.com (860) 417-6737. Limited space is available.

Location: The Buddha Bistro;
27 Siemon Co. Dr. Suite 1085

Date: Saturday, May 13th

Time: 2:45 pm – 4:00 pm

Ages: 4 - 9 years

Cost: \$30.00

NEW VALENTINE KIDS EVENT

Let's have some fun! Join us as we decorate a 4x6 picture frame and make a heart shaped mini cake to take home and share with the family. No walk-ins. You must pre-register with the Parks & Recreation Department at www.watertownctrec.com. Max 10 people. For more information contact thebuddhabistro@gmail.com (860) 417-6737.

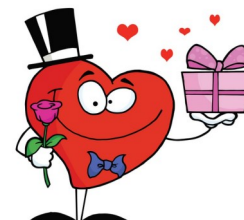
Location: The Buddha Bistro;
27 Siemon Co. Dr. Suite 1085

Date: Saturday, February 11th

Time: 2:15pm – 3:45pm

Ages: 3 - 9

Cost: \$30.00



FITNESS & DANCE CLASSES

SPRING OUTDOOR WALK & TONE!

Grab your sneakers and a water bottle for this fun outdoor class! We will include a combination of walking, interval training (optional), toning exercises utilizing the body's own resistance, ab and core work and stretching. All levels of fitness are welcome. This course will keep you toned, increase your metabolism by increasing muscle cells, get outdoors and enjoy the spring weather!! Instructor: Jill Patterson

Location: Veterans Memorial Park,
Meet at the Pavilion
Dates: Mondays; April 17, 24;
May 1, 8, 15, 22
Time: 5:30 pm - 6:20 pm
Ages: 16 & up
Cost: \$70.00/per session



ZUMBA

Perfect for everybody and everybody! The perfect combo of fun and fitness makes for an amazing calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba Fitness classes are often called exercise in disguise. Come join the party! Please note, session dates are subject to change due to unexpected inclement weather and/or scheduling conflicts. Instructor: Rita Hubbard any questions you can call or text her at (203) 232-3488.

Location: Polk School, Cafeteria
Dates: Mondays & Thursdays;
Session 1: November 14, 17, 21, 28;
December 1, 5, 8, 12, 15, 19, 22, 26, 29;
January 2, 5, 9, 12 (Senior Center on Dec 1, 22, 26, 29; Jan 2, 5)
Session 2: January 16, 19, 23, 26, 30;
February 2, 6, 9, 13, 16, 20, 23, 27; March 2, 6, 9 (Senior Center on Jan 16; Feb 20)
Session 3: March 13, 16, 20, 23, 27, 30;
April 3, 6, 10, 13, 17, 20, 24, 27; May 1, 4, 8, 11, 15, 18 (Senior Center on April 10 & 13)
Time: 6:30 pm – 7:30 pm
Ages: 16+
Cost: Residents: \$40/per session
Non-Residents: \$45/per session
Drop in cost: \$5.00/per class



GENTLE YOGA FOR HEALTH AND WELL-BEING

Back by Popular demand! In this class instructor Patricia Conti will teach you yoga postures to strengthen your muscles, increase your flexibility, balance and range of motion. You will learn breathing techniques to reduce stress and help you maintain deeper levels of relaxation throughout your day. Wear loose comfortable clothing and bring an exercise/yoga mat or large towel and a small pillow. In the event of inclement weather call the Info line at 945-5272 before leaving your house. There will be no make-up classes. Instructor: Pat Conti

Location: Falls Ave Center
Dates: Tuesdays;
Session 1: January 10, 17, 24, 31; February 7, 14
Session 2: February 28; March 7, 14, 21, 28
Session 3: April 18, 25; May 2, 9, 16, 23
Time: 7:00 pm - 8:15 pm
Ages: 15 years old & up
Costs: Residents: \$50.00
Non-Residents: \$60.00

COUNTRY LINE DANCING


This line dance class will provide the confidence and ease needed on the dance floor as participants will learn some fundamental steps and a variety of line dances – from the “Classics” to the “Fresh” new dances. Line dancing is perfect for anyone who wants to dance independently. No partner is required, but feel free to bring along some friends and have lots of fun! You can line dance almost anywhere to many genres of music. Plus, you get exercise without realizing you are exercising. **The first 40 minutes of class will focus on Beginners and the balance of the class will be High Beginner/Low Improver.** Instructor: Joanne Kallipolites

Location: Swift School, Cafeteria
Dates: Thursdays;
Session 1: January 19, 26; February 2, 9, 23; March 2
Session 2: March 23, 30; April 6; May 4, 11, 18
Time: 7:00 pm – 9:00 pm
Ages: 18+
Cost: \$65.00



KIDS HIP HOP DANCING

This fun and high energy class will have these kids moving and grooving to today's favorite hits! This class will incorporate stretching and strengthening while learning fun hip hop steps and combinations, all levels, no experience needed! All levels, no experience needed. Comfortable clothes that the participant can move comfortably in, any dance shoe, bare feet or socks can be worn to this class. Instructor: Melissa Markiewicz

Location: Prestige Dance Center
76 Westbury Park Rd 

Dates: Fridays;
Session 1: January 20, 27; February 3, 10, 17, 24
Session 2: March 31; April 7, 14; May 5, 12, 19

Times: 5:15 pm - 6:00 pm
Ages: 4 -12
Cost: \$55.00

MUSIC AND MOVEMENT

Introduce your little ones to a world of dance through a variety of styles along with basic introduction to ballet. Skipping, leaping, galloping and group circle dances expand their movement repertoire. Emphasis on gross motor skills, flexibility, cooperation, creativity, and self-confidence! Comfortable clothes that the participant can move comfortably in, ballet shoes, bare feet or socks can be worn to this class. Instructor: Melissa Markiewicz

Location: Prestige Dance Center
76 Westbury Park Rd

Dates: Saturdays;
Session 1: January 21, 28; February 4, 11, 18, 25
Session 2: April 1, 8, 15; May 6, 13, 20

Times: 11:15 am - 12:00 pm
Ages: 3 - 7
Cost: \$55.00



ACTIVE: SPORT PROGRAMS

BALL 'TILL YOU FALL

It's back by popular demand! During this 6-week basketball clinic we will focus on the game fundamentals, teamwork, and sportsmanship. Be ready to have fun and participate in many basketball activities, drills and even games. Each participant will receive a "Ball Till You Fall" camp t-shirt as part of the program. Hurry up and register today At Watertown Parks and Recreation Department to take your game to the next level. **LIMITED SPOTS** available for our upcoming training sessions. **DON'T MISS OUT!** Instructor: Mr. Christopher Milo

Location: John Trumbull, Gymnasium

Dates: Tuesdays;
Session 1: January 10, 17, 24, 31;
February 7, 14
Session 2: February 28; March 7, 14, 21, 28; April 4
Session 3: May 2, 9, 16, 23, 30; June 6

Time/Grades: 3:35 pm - 4:35 pm
Grades 1 & 2
4:45 pm - 5:45 pm
Grades 3 - 5
6:00 pm - 7:00 pm
Grades 6 - 8

Cost: \$95.00/per session
(t-shirt included in cost)



VOLLEYBALL CLINIC

This program will concentrate on the basic fundamentals of volleyball. Basic passing and serving will be the focus but we will include basic agility and strengthening. Instructor: Michael Theriault

Location: Swift School, Auxiliary Gym

Session 1:
Dates: Wednesdays; March 15, 22, 29; April 5, 19, 26; May 3, 10, 17, 24, 31
Grades/Time: Gr 6-8 7pm - 8:30 pm

Session 2:
Dates: Mondays; March 13, 20, 27; April 3, 17, 24; May 1, 8, 15, 22
Grades/Time: Gr 3-5 7pm - 8:30 pm
Cost: \$80.00/Per Session

CHEERS TO YOU!

It's back! This 8-week program offers cheer training in all areas including dance, tumbling and stunting. It's tailored to age and experience, so everyone is sure to have fun and learn something new. This is the perfect way to try a new sport in a non-competitive atmosphere or to keep up your skills over the summer.

Location: Judson School, Gym

Dates: Wednesdays; March 29; April 5, 19, 26; May 3, 10, 17, 24 (None April 12)

Times: 6:00 pm—7:30 pm
Ages: 5 - 13
(Girls will be separated by age group)

Cost: \$50.00



LITTLE NINJAS KARATE

Karate techniques incorporated with essential motor skills for 3-4 year olds. The curriculum includes balance, memory, team work, coordination, focus, and other age specific skills training. Often young children want to do what the big kids do but don't have the essential motor skills. This class teaches those while building self-esteem and respect for self and others. This class teaches those while building self-esteem and respect for self and others through the art of Cheezic Tang Soo Do. Master Kyle Landry-McWilliams

Location: Polk School, Gymnasium
Dates: Mondays; January 23, 30;
February 6, 13, 27; March 6, 13,
20, 27; April 3, 17, 24; May 1, 8
(None on February 20 & April 10)
Times: 4:30 pm - 5 pm
Ages: 3 & 4
Cost: \$30/Residents; \$37/Non-Residents



KICKIN' KIDS KARATE

Dynamic karate techniques taught with an emphasis on kicks, punches, blocks, coordination, and bullying prevention. Situational self-defense will be taught so our youngest can avoid conflict. Class is designed to have a student develop into the more structured karate program that starts at 7 years old. Emphasis on technique and coordination without the traditional form's patterns of movement. This class teaches those while building self-esteem and respect for self and others through the art of Cheezic Tang Soo Do. Master Kyle Landry-McWilliams

Location: Polk School, Gymnasium
Dates: Mondays; January 23, 30;
February 6, 13, 27; March 6, 13,
20, 27; April 3, 17, 24; May 1, 8
(None on February 20 & April 10)



Times: 5 pm – 5:30 pm
New kids only:
Students with belts only: 5:30 pm – 6:15 pm
Ages: 5 & 6
Cost: \$32/Residents; \$39/Non-Residents

KARATE FOR BEGINNERS AGES 7 - ADULT

The Watertown Parks and Recreation Department offers a Karate program from 6:15 pm – 7:15 pm. A traditional karate program for ages 7 to adult, the style of Karate we study is Tang Soo Do, a Korean based martial art. In addition to learning techniques, board breaking, forms and exercise patterns, the class focuses on self-esteem, character building, respect for self and others, proper approaches to competition and general life skills for today's child. Parents are encouraged to begin training at the same time as their child-great family activity! Participants should wear loose fitting clothing, such as sweat pants and t-shirts. Uniforms and equipment are optional and available for purchase directly from the instructor. Visit the organization's website at www.cheezictsd.com for details of their history and philosophy. Instructor: Master David Parmelee

Location: Polk School, Gymnasium
Dates: Mondays; January 23, 30;
February 6, 13, 27; March 6,
13, 20, 27; April 3, 17, 24;
May 1, 8 (None on February
20 & April 10)
Time: 6:15 pm – 7:15 pm
Cost: \$50 Residents; \$57 Non-Res
Ages: 7 to Adult



INTERMEDIATE/ADVANCED KARATE

The Watertown Parks & Recreation Department offers a 10-week program for current Tang Soo Do students from 7:15pm - 8:15pm on Mondays. This class is for returning students, ages 7 to adult, Purple through Black Belts. Instructor: Master David Parmelee

Location: Polk School, Gymnasium
Dates: Mondays; January 23, 30;
February 6, 13, 27; March 6,
13, 20, 27; April 3, 17, 24;
May 1, 8 (None on February
20 & April 10)
Time: 7:15 pm – 8:15 pm
Ages: 7 to Adult
Cost: \$50 Residents; \$57 Non-Res



All Parks & Recreation programs are subject to change based on updated or adjusted guidelines as outlined by CDC, DPH, TAHD, CT SDE, and/or Watertown Public Schools.

MIDDLE SCHOOL RUNNING TRAINING

Having a running buddy makes the sport even more enjoyable, so our goal is to have fun and get some exercise together. We welcome all fitness levels, whether you're an experienced xc athlete looking for off-season training or are putting on running shoes for the very first time. Open to kids in grades 5-8. Max 20 kids so register early! Instructor: Jessica Creter

Location: Veterans' Memorial Park,
Meet: Lower Basketball Court
Dates: Mondays & Wednesdays; April 24, 26; May 1, 3, 8, 10, 15, 17, 22, 24, 31; June 5, 7, 12, 14 (None May 29)
Time: 5:00 pm – 6:00 pm
Grades: 5 - 8
Cost: \$50.00



ADULT HOOPS OPEN GYM BASKETBALL

These gym times are for adults of Residents of Watertown/Oakville only. Must show valid CT driver's license or State CT ID card with Watertown/Oakville address to be admitted each night.

Location: Swift School, Gym
Date: Tuesdays; January 3, 10, 17, 24, 31; February 7, 14, 28; March 7, 14, 21, 28; April 4, 18, 25; May 2, 9, 16, 23, 30; June 6 (None February 21; April 11)
Time: 7:00 pm – 9:00 pm
Ages: 18+
Cost: \$3.00/per person per visit
(No pre-registration required)

PICKELBALL "PICK UP GAMES"

This program will give the advanced and beginner player an opportunity to play pick-up pickleball games against other men and woman in the area. Players can focus on stroke, strategy and conditioning. Instruction and equipment will not be provided. No registration required.

Location: Crestbrook Park Tennis Courts,
Northfield Road, Watertown
Dates: Fridays; April 7, 14, 21, 28;
May 5, 12, 19, 26
Times: 6:00 pm – 7:00 pm
Cost: Free



INDOOR ICE SKATING

Indoor ice skating at Taft Rink.
Open to residents and non-residents.
You must provide your own skates.
Skate at your own risk.

Location: Taft School Mays Rink,
Guernseytown Road
Ages: All ages welcome
Dates: Sunday, January 8
Sunday, January 15
*Monday, January 16
Sunday, January 22
Sunday, January 29
Sunday, February 5
Sunday, February 19
*Monday, February 20
Sunday, February 26



Time: 4:00 pm – 5:00 pm – Sundays
12:00 pm – 1:00 pm - Mondays
Cost: \$5.00 per resident
(with proof of residency)
\$6.00 per non-resident (or resident w/o proof of residency) Pay at the door.

OUTDOOR PUBLIC ICE SKATING AT THE ANNEX POND

Parks and Recreation will be offering free public skate at the Annex Pond this winter. Ice will be monitored by the Parks Department – however skating will be at your own risk. Skating will be open 7 days a week. The Annex Pond is located on Middlebury Rd next to Taft School. For more information please call 860-945-5246.

RUNNING CORNER SAVE THE DATE

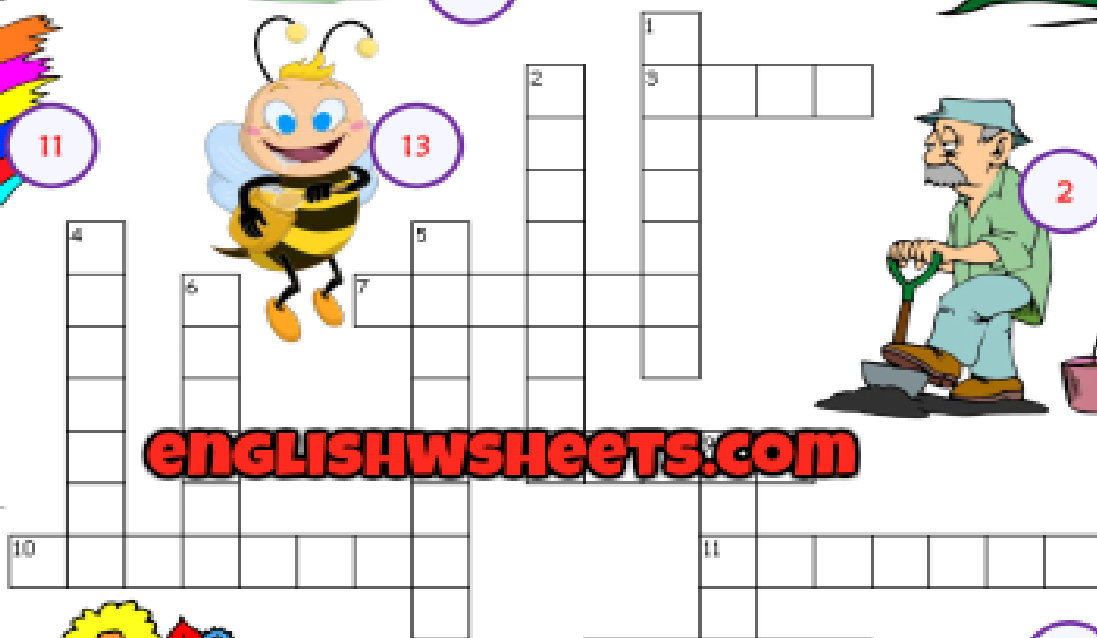
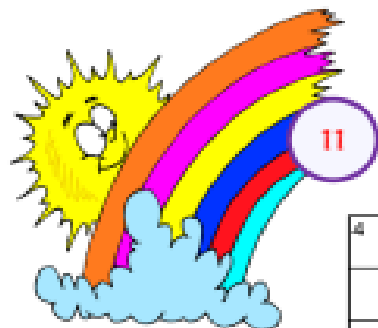
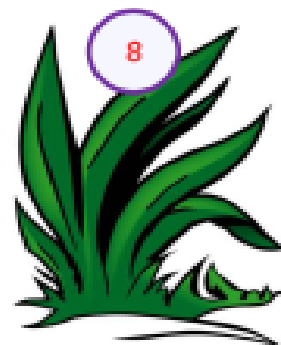
Sponsored by the Watertown Parks & Recreation Department

--Shamrock Shuffle 3.5 Mile Road Race,
Saturday, March 11th at 10:00am at Polk School, 437 Buckingham Street, Watertown

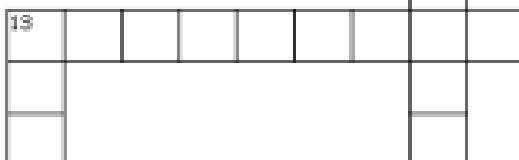
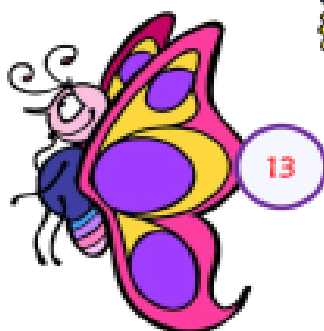
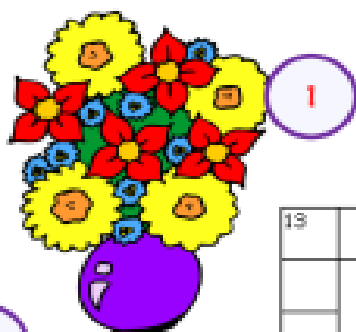


SPRING ESL CROSSWORD PUZZLE

Look at the numbers on the pictures and write the spring vocabulary in the crossword puzzle



englishwsheets.com



SPECIAL EVENTS FOR EVERYONE

VALENTINE'S DAY BINGO **FRIDAY, FEBRUARY 10, 2023**

Roses are red, violets are blue, candy is sweet, and you are too when attending Watertown Parks and Recreation Valentine's Day Bingo! Event activities include Valentine themed bingo, pizza, arts & crafts and music. Each winner will receive prizes. This event will be held at the Falls Ave Center. It will be held from 6:30pm – 8:00pm and limited to 25 kids – Ages 5-12. Please note that this program is drop off only, parents do not stay. Pre-registration and a payment of \$10.00/per child is required by February 3rd.



ST. PATRICKS DAY BINGO **FRIDAY, MARCH 3, 2023**

Eat, drink and wear green when attending Watertown Parks and Recreation St. Patrick's Day Bingo! Event activities include St. Patrick's Day themed bingo, pizza, arts & crafts and music. Each winner will receive prizes. This event will be held at the Falls Ave Center. It will be held from 6:30pm – 8:00pm and limited to 25 kids – Ages 5-12. Please note that this program is drop off only, parents do not stay. Pre-registration and a payment of \$10.00/per child is required by February 24th.

EGG MY HOUSE KIT **SATURDAY, APRIL 1, 2023**

It's back by popular demand! This \$10/kit includes a visit from the Easter Bunny (quick photo with your own camera), 15 toy filled eggs, pencil, stuffed animal and an Easter craft. The Easter Bunny will deliver the kits to Watertown/Oakville residents only on Saturday, April 1st any time between 10am-1pm. The exact schedule will be available when we get closer to the date. Limited number of kits available. Payment must be received to guarantee your spot! Register at www.watertownctrec.com.



MEMORIAL DAY PARADE **MONDAY, MAY 29, 2023**

The annual Memorial Day parade will step off from the Watertown Plaza parking lot beginning at 10:00 am on Monday, May 29th. The parade will travel to the OAKVILLE GREEN this year.

THE EASTER BUNNY COMES TO TOWN **SATURDAY, APRIL 8, 2023**

Come along to hop with the Easter Bunny we all love the most! Create arts & crafts projects, enjoy playful activities, and bring your own hard-boiled eggs that you can decorate. We will have snacks and then join the Easter Bunny in a parade around the school. Sponsored by the Watertown Parks & Recreation Department is scheduled for Saturday, April 8th at 10:00 am - 12:00 pm at John Trumbull School Cafeteria. Watch for more information in a flyer to go out through the school system!



EARTH DAY **SATURDAY, APRIL 22, 2023**

Each year, a variety of groups lend a hand on Earth Day cleaning trails, working at various community gardens or sprucing up our parks. What better way to celebrate EARTH DAY than by spending time enjoying nature!! Please do some random acts of kindness today and keep our beautiful Town great!! Remember to practice safe distancing and wear a mask.

TOWN-WIDE TAGE SALE (YARD SALE) **SATURDAY, JUNE 3, 2023** **RAINDATE: SUNDAY, JUNE 4, 2023** **EARLY BIRD: 7AM-3PM REGULAR** **HOURS 8AM-3PM**

A uniquely Watertown/Oakville event involving citizens, businesses, churches, civic groups, associations, Town leaders, neighbors and visitors building community and identity. Yard sales are a regular occurrence any weekend throughout the state. Several organizations hold annual fundraising rummage and book sales that have become anticipated events. Town-wide tag sales have long been a tradition in New England and in many Connecticut communities as well. The intent is that while cleaning out in the spring everyone not tosses everything but instead offer an opportunity to turn trash into treasure. All this to help build community through a shared experience and other celebrations one weekend in the spring.

Anyone interested in participating is encouraged to complete a registration form prior to Wednesday, May 25th at 5pm. Maps will be located at Adams Market, LaBonne's Market, Gayle's Farm Shoppe, the Watertown Meat Center and Tony's Seafood.

WATERTOWN / OAKVILLE YOUTH SPORTS ORGANIZATIONS

The following are independent groups offering programs for our youth. 100% of their registration fees go to their organization. If you have any questions about how their organization is run you may contact them at the following numbers:

WATERTOWN RECREATION AGE GROUP SWIM TEAM CONTACT: 860- 945-5246

For any information, you can visit the swim team online at
WWW.TEAMUNIFY.COM/CTYCST/

WATERTOWN SKATING CLUB LEARN-to-SKATE PROGRAM

SUNDAY EVENINGS AT TAFT SCHOOL
CONTACT:
WATERTOWNSKATING@GMAIL.COM
WWW.WATERTOWNSKATINGCLUB.COM

YOUTH ICE HOCKEY

WWW.WATERTOWNREDWINGS.COM

OWYAA POP WARNER FOOTBALL / CHEERLEADING

CONTACT: MARYBETH BROMLEY
BEEZBETH@GMAIL.COM
WWW.WATEROAKPOPWARNER.ORG

WATERTOWN LACROSSE

CONTACT: TIM BRANDT
MALLETZ4@OPTONLINE.NET
WWW.WATERTOWNLACROSSE.ORG

WATERTOWN ULTIMATE FRISBEE LEAGUE

CONTACT: DANE STREET
EMAIL:
STREET@WATERTOWNULTIMATE.COM
WWW.WATERTOWNULTIMATE.COM

G.R.O.W.S TRAVEL SOFTBALL

CONTACT: CHRIS MARTIN – 203-525-1169
WWW.WATERTOWNRAPIDS.COM

WATER-OAK SOFTBALL LITTLE LEAGUE

CONTACT: ROB CRONK
WOLLVP@GMAIL.COM
WWW.WATEROAKLL.COM

WATER-OAK BASEBALL LITTLE LEAGUE

CONTACT: JEFF DEFRANZO
JEFF.DEFRANZO@CDWG.COM
WWW.WATEROAKLL.COM

*AMERICAN LEGION BASEBALL**

CONTACT: SCOTT OUELETTE
SCOTTOUELETTE@SCBGLOBAL.NET

W.A.Y.S. YOUTH SOCCER

CONTACT: DAVE SANTANGELLI
WWW.WATERTOWNYOUTHSOCCER.NET

WATERTOWN HIGH SCHOOL ATHLETICS

CONTACT: PAUL CATUCCIO
324 FRENCH STREET, WATERTOWN
(860)945-4810
CATUCCIOPA@WATERTOWNPS.ORG

ST. MARY'S SCHOOL

CONTACT: DEBORAH MULHALL
140 BUCKINGHAM ST, OAKVILLE
(860)945-0621
EMAIL:
DEBORAH.MULHALL@SMMISOAKVILLE.ORG
WWW.SMMISOAKVILLE.ORG

ST. JOHN'S SCHOOL

CONTACT: CANDICE WARREN
760 MAIN ST, WATERTOWN
(860)274-9208
EMAIL: CAN-
DICE.WARREN4@GMAIL.COM
WWW.STJOHNWTN.ORG

DID YOU KNOW?

INSTRUCTORS WE WANT YOU: The Watertown Parks & Recreation Department is looking for qualified and innovative instructors to do preschool, youth and adult programs. If you have a unique talent or skill or idea for a class, please contact, Carrie Godfrey at (860)945-5246.

FREQUENTLY REQUESTED NUMBERS:
www.watertownctrec.com > contacts > affiliates

PARK FIELD/PAVILION PERMITS: May be obtained by contacting the Watertown Parks & Recreation Department in the Municipal Offices at Heminway Park, 61 Echo Lake Road, Watertown, CT. Applications for permits of Watertown/Oakville will be available January 1st. All pavilion permits will be issued on a first-come-first-served basis.

THE STARS & STRIPES CAMPAIGN: Help us continue to display our American Flags on Major Town Roads. It is the goal of the Parks & Recreation Department to spread the patriotism along major Watertown thoroughfares. Any donation is greatly appreciated. You may consider making a donation, which will assist in the purchase an appliquéd 36" X 60" Flag, pole and mounting bracket; and the maintaining involved such as dry cleaning, seamstress repairs, replacement of parts and equipment.

PUBLIC TENNIS COURTS: Crestbrook Park, Northfield Rd, Watertown. There are four tennis courts available to the residents of Watertown/Oakville. For reserved court time (1 ½ hours) contact the Parks & Recreation Department, fee is \$1.00.

GIVE THE GIFT THAT GIVES BACK: Does the act of giving leave you cold? Have gifts previously given been a little noticed, unused, or unappreciated? The Watertown Parks & Recreation Department invites you to try again, or possibly have a first-time experience. Give a gift that satisfies both you, the giver, and all those who will benefit from your generosity.

Please make checks payable:
The Town of Watertown Parks
Development Fund

For The Watertown Emergency Food Bank:
Watertown Emergency Food Bank.

FALLS AVENUE SENIOR CENTER

311 Falls Avenue, Oakville
(860)945-5250

Open Monday-Friday 8:30 am to 4:30 pm
The FASC offers quality programs and recreational activities for adults 55 years of age and older.

In 2017, the Falls Avenue Community Center & Senior Services was awarded Focal Point designation and status from the Western Connecticut Area on Aging. The Falls Avenue Community Center & Senior Services joins the more than 60 percent of America's senior centers that are designed Focal Points for delivery of Older American Act (OAA) services allowing older adults to access multiple services in one place.

Our weekly programs include Wii Bowling, Pokeno, Bingo, exercise, chair yoga, Zumba Gold, line dancing, chair aerobics, Scrabble, knitting, cards and billiards. Throughout the month we offer special activities such as dances, vocalists, musicians, guest speakers, crafts and educational and wellness programs. Energy Assistance applications are taken at the center from September to April by appointment only.

Our monthly newsletter, available at the center, the Parks & Recreation Department and on line at www.watertownctrec.com,

Lunch is served Mon, Tues and Thurs at 11:30 a.m. Monday's meal must be reserved before 10:00 a.m. on Thursday; Tuesday's meal must be reserved before 10:00 a.m. on Monday; and Thursday's meal must be reserved before 10:00 a.m. on Tuesday. The suggested donation is \$3.00.

The senior bus (for residents 60 years of age or better or under 60 with a disability) runs Monday—Friday between the hours of 9:00 am and 3:30 pm. Riders may purchase bus tickets from the bus driver. The suggested donation is 50 cents per one-way ride or \$5 for a book of 20 one-way rides. Call for reservations the morning before you need a ride. Reservations are taken btwn 8:30 am and 12:30 pm Monday through Thursday and between 8:30 am and 11:30 am on Friday. Call the center for a bus application, a copy of the bus policies or to ask any questions about bus availability and destinations.

WATERTOWN-OAKVILLE PUBLIC PARKS

Please note that all parks close at dusk. There is no alcohol allowed at any park facility. Dogs are permitted as long as they are on a leash and properly cleaned up after.

VERETERANS' MEMORIAL PARK, 570 NOVA SCOTIA HILL ROAD, WTN:

The Avery Lamphier Athletic Complex, or VMP for short, is located on **570 Nova Scotia Hill Road** and contains two soccer fields, four youth baseball fields, a playground, a comfort station, two basketball courts, two bocce courts, walking trails, Latin's pond for fishing and a perfect place for walking, biking, or rollerblading. There is also a pavilion, which is centrally located in the park. This is available for public use, unless posted by the Watertown Parks & Recreation Department, and is now reserved by permit.

SYLVAN LAKE PARK INTERSECTION OF FROST BRIDGE AND SYLVAN LAKE ROADS, OAKVILLE: This park includes a waterfront for seasonal swimming and fishing, a half basketball court, playground and picnic area.

ECHO LAKE PARK ICE HOUSE ROAD, WATERTOWN: This park offers fishing, a beautiful setting for picnics and a "little tykes" playground in the shape of a boat.

ADAMS ROAD PLAYGROUND ADAMS ROAD, WATERTOWN: This is a small neighborhood playground is open to residents of Watertown/Oakville.

PARK FIELD/PAVILION PERMITS:

May be obtained by contacting the Watertown Parks & Recreation Department in the Watertown Town Hall, 61 Echo Lake Road, Watertown, CT.

Applications for permits will be available January 1st. All pavilion permits will be issued on a first-come-first-served basis.

CRESTBROOK PARK 834 NORTHFIELD RD, WATERTOWN:

Originally a 9-hole golf club, the town of Watertown purchased this facility in 1975 and added the second 9-holes in 1980. This 236 acre facility is home to Connecticut's second highest ranked Municipal golf course (golf digest, January 1996). It includes an 18-hole golf course, complete with a full service pro shop and five (5) acre practice facility. There is a restaurant with banquet facilities; picnic tables and a pavilion (permits for the pavilion are available at the Parks & Recreation Department), a public swimming pool, four (4) tennis courts, a 34 acre lake with a boat launch (electric motors only) and fishing.

For season ticket prices and greens fees, please contact the Crestbrook Pro Shop at 860-945-5249 or the Watertown Recreation Department at 860-945-5246.

Our on-site restaurant **The Sunset Grille** at Crestbrook, is available for lunch, dinner, banquets and catering. Please call 860-417-6688 for more information.

DONATE A PARK BENCH: Donations can be made in honor of a loved one, for an individual accomplishment or from civic organizations. Benches are installed at Veterans' Memorial Park in Watertown. Plaques can be put on by individual purchasing the bench.

PUBLIC TENNIS COURTS:

Crestbrook Park, Northfield Rd, Watertown. There are four tennis courts available to the residents of Watertown/Oakville. We also reserve court time for 10 & Under modified tennis and also Pickleball! For reserved court time (1 ½ hours) contact the Parks & Recreation Department, reservation fee is \$1.00.





SPRING IS HERE: COLORING CONTEST

The Watertown Parks & Recreation Department would like all children to enter our coloring contest. Use your imagination by using different materials (glitter, feathers, crayons, markers, beads, etc.) Return it to the P&R office by Monday, May 1st. Winners will be picked by age group - Preschool, K, 1st, 2nd, 3rd & 4th grades. Prize winners will be notified to pick up their prize.