



FALLS AVE SENIOR CENTER

311 Falls Avenue, Oakville, CT 06779

Hours: M - F 8:30 am to 4:30 pm (860)945-5250

Senior Center Coordinator: Laura Garay garay@watertownct.org

Assistant Director: Diana Brandt brandt@watertownct.org

Secretary: Carol Stopper stopper@watertownct.org

Dispatcher: Cheryl Overton overton@watertownct.org

The Falls Avenue Senior Center provides programming and services to enrich the lives of our community's seniors 55 years of age and better. We promote a positive lifestyle for seniors, provide community referral resources. The center is a gathering place for fun and friendship.

Monthly Newsletter: This newsletter has all information regarding bus schedules, ongoing events, recipes, and lots more. You can pick a copy up at the Falls Ave Senior Center, 311 Falls Avenue, Oakville, CT 06779 or the Watertown Parks & Recreation Department, 61 Echo Lake Rd, Watertown, CT 06795.

To view the Senior Newsletter: [CLICK HERE](#) OR you can go to our website's homepage at www.watertownctrec.com and click on the first icon – Falls Ave Senior Center Newsletter.

Meals-on-Wheels: Lunch Served at 11:30 a.m. Reservations are required.

Mini Bus Schedule:

Mondays- In town/Doctor appointments in Waterbury

Tuesdays- All day in town

Wednesdays- Doctor appointments in Waterbury in the morning/In town in the afternoon

Thursdays- All day in town

Fridays- All day in town

For printable applications and other forms go to:

General Info > Dept Info > Falls Ave Center



If you have any questions, feel free to contact the Falls Ave Senior Center at (860)945-5250.