


# November 2023 Activity Schedule

\*New Activity or Event

Falls Ave Senior Center

311 Falls Avenue, Oakville, CT 06779 860-945-5250 (Monday through Friday: 8:30am – 4:30pm)

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		9:00 Senior Exercise 10:00 Scrabble 10:00 Wii Bowling 10:30 * <b>WPD Senior Talk</b> 12:00 Setback	10:30 Chair Aerobics 11:30 Brown Bag Lunch 12:00 Poker 1:00 Bingo	9:00 Senior Exercise 10:00 Bible Study
6	7	8	9	10
9:00 Senior Exercise 10:30 Chair Aerobics 10:30 * <b>Kaynor Lunch</b> 11:00 * <b>Mah Jongg</b> 12:00 Pinochle 1:00 Pokeno	10:00 * <b>Corn Hole</b> 10:00 * <b>Shopping</b> 10:30 Chair Aerobics 12:00 Poker 1:00 Wii Bowling 1:00 Knit/Crochet	9:00 Senior Exercise 10:00 Scrabble 10:00 Wii Bowling 12:00 Setback	9:00 * <b>Veterans at Judson School</b> 10:30 Chair Aerobics 11:30 Brown Bag Lunch 12:00 Poker 1:00 Bingo	Center Closed! Veterans Day Celebration! 
13	14	15	16	17
9:00 Senior Exercise 10:30 Chair Aerobics 10:30 * <b>Kaynor Lunch</b> 11:00 * <b>Mah Jongg</b> 12:00 Pinochle 1:00 Pokeno	9:00 * <b>Shingles #2</b> 10:00 * <b>Corn Hole</b> 10:30 Chair Aerobics 10:30 * <b>Bella Vista</b> 11:40 * <b>Reflexology</b> 12:00 Poker 1:00 Wii Bowling 1:00 Knit/Crochet	9:00 Senior Exercise 10:00 Scrabble 10:00 Wii Bowling 12:00 Setback	8:30 * <b>Wii League @ Glastonbury</b> 10:30 Chair Aerobics 11:30 Brown Bag Lunch 12:00 Poker 1:00 Bingo	9:00 Senior Exercise 10:00 Bible Study 12:00 * <b>Thanksgiving Feud</b>
20	21	22	23	24
9:00 Senior Exercise 9:30 * <b>Shop/Lunch</b> 10:30 Chair Aerobics 11:00 * <b>Mah Jongg</b> 12:00 Pinochle 1:00 Pokeno	10:00 * <b>Corn Hole</b> 10:30 Chair Aerobics 11:30 * <b>Community Cafe</b> 12:00 Poker 1:00 Wii Bowling 1:00 Knit/Crochet	9:00 Senior Exercise 10:00 Scrabble 10:00 Wii Bowling 12:00 Setback	Center Closed! Happy Thanksgiving! 	Center Closed!
27	28	29	30	
9:00 Senior Exercise 10:30 Chair Aerobics 11:00 * <b>Mah Jongg</b> 12:00 Pinochle 1:00 Pokeno	10:00 * <b>Corn Hole</b> 10:30 Chair Aerobics 10:30 * <b>Crafty Tuesday</b> 11:00 * <b>Book Club</b> 12:00 Poker 1:00 Wii Bowling 1:00 Knit/Crochet	9:00 Senior Exercise 10:00 Scrabble 10:00 Wii Bowling 12:00 Setback 12:00 * <b>Sears Roebuck Christmas Catalog</b>	10:30 Chair Aerobics 11:30 Brown Bag Lunch 12:00 Poker 1:00 Bingo	