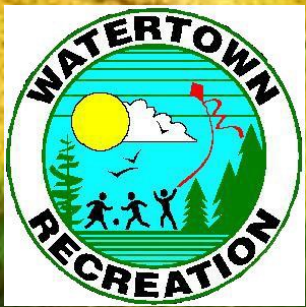


*Watertown Parks & Recreation*  
*61 Echo Lake Rd, Watertown, CT 06795*

# FALL 2021 ACTIVITIES GUIDE



*(860)945-5246 Fax (860)945-4734*  
*Info Line (860)945-5272*  
*[www.watertownctree.com](http://www.watertownctree.com)*





# Watertown Human, Social & Leisure Services

*Parks and Recreation, Food Bank, Crestbrook Park, Social & Senior Services*



**MISSION STATEMENT:** The Watertown Parks and Recreation Commission, cognizant of the significant financial investment of the community in Parks and Recreational facilities, encourages their fullest possible use for recreational, cultural and educational purposes.

**PANDEMIC:** Due to the ongoing and ever changing health crisis it's forcing us to make some modifications to our Fall Activities. We are sad to say that we will not be offering as much this fall as we usually do. We apologize for any inconvenience that this may have caused but unfortunately it's the only option we have right now. Hopefully we can offer more programs in the future. **Activities are subject to change based on updated or adjusted guidelines as outlined by CDC, DPH, TAHD, CT SDE, and/or Watertown Public Schools.**

**ONLINE REGISTRATIONS:** We are now accepting online registrations! Simply go to [www.watertownctrec.com](http://www.watertownctrec.com) and create your household. You'll then be able to register and pay for any and all recreation programs and special events from the convenience of your own home! We accept VISA, Master Card, American Express, Discover and Diner's Club (credit and debit cards).

**REGISTERING IN PERSON:** Is open Monday through Friday from 8:30 AM – 4:30 PM excluding holidays at the Watertown Parks & Recreation Department, 61 Echo Lake Road, Watertown, CT 06795. All registrations are based on a first come, first served basis.

**REGISTER BY FAX/SCAN:** Print the Registration Form – Fax to (860)945-4734 or Scan to [www.watertownctrec@watertownct.org](mailto:www.watertownctrec@watertownct.org)

**REGISTER BY MAIL:** Print the Registration Form & Mail to – Watertown Parks & Recreation Department 61 Echo Lake Road Watertown, CT 06795

**REGISTRANTS ARE NOTIFIED:** When a course is cancelled. If a desired class is full you will be put on a waiting list. Additional classes may be opened if facility and instructor are available. The Parks & Recreation Department reserves the right to set a minimum and maximum for each program and to cancel any program due to low enrollment.

**REGISTER EARLY** Nothing cancels a good class quicker than everyone waiting until the last minute to register. If there are not enough registrations by a certain date, the course may be cancelled. Coming in on the day the course begins won't resurrect it, so **PLEASE REGISTER EARLY!!**

**PAYMENT POLICY:** Payment, along with proof of age, is due with registration for all programs. We will accept cash, credit card (Master Card, Discover, Diner's Club, American Express, Visa, & debit cards), money order or check made out to "Watertown Parks & Recreation". No pre/postdated checks. A \$20.00 fee will be charged for any returned checks. Instructors will not accept registration at the class site. Fees must be paid at the office prior to participation unless otherwise specified.

**REFUND POLICY:** Refunds must be requested prior to the Friday before the program begins. No refunds will be given once class begins. Medical refunds will be approved on a case-by-case basis when the request is submitted in a timely manner. A \$10.00 processing fee will be charged for all refunds; unless the Watertown Parks & Recreation is forced to cancel a program.

**PROGRAM CANCELLATIONS:** The Parks & Recreation Department reserves the right to cancel, postpone or combine classes or change instructors. If insufficient enrollment causes a class to be canceled, full tuition is refunded. The playgrounds, sports camps, and waterfront areas may close at any time in case of inclement weather. In the event of inclement weather, program cancellations will be made on the INFO-Line at (860) 945-5272 by 7:30 am. Fees will not be prorated in the event of rain. We make our best effort to provide the class and instructor advertised in the brochure. In the event an instructor can no longer teach a class we will provide another instructor, if one is available, to finish the session. A credit may be issued for the amount of remaining classes. Materials and supplies purchased by you are excluded from refunds and credits.

***"Your Quality of Life Department"***



**PROGRAM SCHEDULING:** The Park & Recreation Staff has made every effort to prepare this brochure as accurately as possible, however due to publication deadlines program listings/information may require that adjustments be made to programs, fees, schedules, etc. We apologize in advance should you find an error or for any inconvenience that this may cause. Please call the INFO-Line or sign up on our website to receive cancellations or adjustments to the schedule.

**PHOTOGRAPHS:** Participants may be photographed for the purpose of promotion or advertising in the future brochures, in newspapers or in other Watertown Parks & Recreation Department media.

**SECURITY PRECAUTIONS:** When the playgrounds are in session all persons attending must be registered in the program. We are responsible for the children registered and the facilities being used. Persons not registered entering the facility or playground area will be asked to leave. Please understand the taxpayers own these facilities, and we are responsible. Also, we are protecting and caring for someone's most precious commodity, their children. Please respect these rules and understand why we cannot have "outsiders" entering our playgrounds and facilities. Please check with your child's camp director regarding the pick-up of your child by someone other than yourself. There are procedures in place at every camp and they will be enforced.

**CONFIDENTIAL FINANCIAL SCHOLARSHIPS:** are available to qualified applicants (for Watertown/ Oakville residents only). Please contact the Social Services Department at (860) 945-5252 for more information. Care 4 Kids: The Watertown Parks & Recreation Department participates in the Care 4 Kids program. Parents are responsible to make all weekly payments until a certificate is issued from Care 4 Kids and a parent share fee has been determined.

**GIFT CERTIFICATES AVAILABLE!!** Looking for a last minute gift idea for a family member? Friends? Gift certificates are available at The Watertown Parks & Recreation Department. It's a perfect way to give someone the opportunity to become involved in one of our many program offerings. Gift certificates can be purchased at the Parks & Recreation Department during the business hours of 8:30 am - 4:30 pm or on our website at [www.watertownctrec.com](http://www.watertownctrec.com).

## OFFICE INFORMATION

Location: 61 Echo Lake Road  
Watertown, CT 06795  
Telephone: (860)945-5246  
Fax: (860)945-4734  
InfoLine (860)945-5272  
Website: [www.watertownctrec.com](http://www.watertownctrec.com)  
Hours: 8:30 AM to 4:30 PM  
Monday thru Friday

## STAFF

**Parks & Recreation Director:** Lisa Carew  
[carew@watertownct.org](mailto:carew@watertownct.org)  
860-945-5246

**Asst. Parks & Rec Director:** Carrie Godfrey  
[godfrey@watertownct.org](mailto:godfrey@watertownct.org)  
860-945-5246

**Parks & Recreation Supervisor/Aquatics Dir:**  
Garry Smith  
[smith@watertownct.org](mailto:smith@watertownct.org)  
860-945-5246

**Administrative Assistant:** Mary Tremaglio  
[tremaglio@watertownct.org](mailto:tremaglio@watertownct.org)  
860-945-5246

**Crestbrook Park Golf Course Foreman:**  
Ray Marks

[marks@watertownct.org](mailto:marks@watertownct.org)  
860-945-5248

**Parks Foreman:** John Buono  
[buono@watertownct.org](mailto:buono@watertownct.org)  
860-945-5254

**Parks Bookkeeper:** Jessica Modeen  
[modeen@watertownct.org](mailto:modeen@watertownct.org)  
860-945-5246

**Social Services Clerk:** Jeanne Vichioli  
[vichioli@watertownct.org](mailto:vichioli@watertownct.org)  
860-945-5252

## PARKS & RECREATION COMMISSION

Meets 1st Thurs. each month at 61 Echo Lake Road, W. – 7:00 p.m. William Donston, Chairman; Ken LaRosa, V. Chair; Christopher Martin, Secy.; Pat Rinaldi, Michelle Wallace, Margaret A. Germain and John M. Donahue.



# AQUATIC ATTRACTIONS SWIMMING FOR ALL

## PARENT AND CHILD AQUATICS

### 6 MONTHS TO 3 YEARS

American Red Cross Parent and Child Aquatics is designed for children between **the ages of 6 months and 3 years old, and their parents**. The purpose of this course is to familiarize children with the water and teach swimming readiness skills. In addition, Red Cross Parent and Child Aquatics provides safety information for parents and teaches parents techniques they can use to help orient their children to the water. There must be one parent in the water per child.

**Maximum of 8 students.**

LOCATION: WATERTOWN HIGH, POOL  
DATES: SATURDAYS; SEPT 18, 25;  
OCT 2, 9, 16, 23  
TIMES: 11:00 AM – 11:30 AM  
COST: \$51.00

## PRESCHOOL AQUATICS

### 4 & 5 YEARS OLD

American Red Cross Preschool Aquatics is designed for children 4 and 5 years of age. The purpose of the course is to facilitate developmentally appropriate learning of fundamental water safety and aquatics skills.

**Maximum of 8 students.**

LOCATION: WATERTOWN HIGH, POOL  
DATES: SATURDAYS; SEPT 18, 25;  
OCT 2, 9, 16, 23  
TIMES: 11:30 AM – 12:00 PM  
COST: \$51.00



## LEARN TO SWIM

### AGES 6 & UP

Learn to swim through the Red Cross Swimming Program. Lessons for all abilities are available. A variety of levels are available as seen below. **Participants must be 4 feet tall and in first grade.** Read the following for more information. If you are unsure what level to put your child in, please read all descriptions below. A child placed in the wrong level will be moved to the correct level at the discretion of the instructor.

**Maximum of 12 students per level.**

LOCATION: WATERTOWN HIGH, POOL  
DATES: SATURDAYS; SEPT 18, 25;  
OCT 2, 9, 16, 23  
TIMES: LISTED BELOW  
ACCORDING TO LEVEL  
COST: \$56.00

### Level 1 (Water Exploration)

**12:00 AM – 12:30 PM**

The most basic of swimming skills to help the participants become comfortable in the water.

### Level 2 (Fundamental Aquatic Skills)

**12:30 PM – 1:10 PM**

Gives students success with fundamental skills. Floating without support, simultaneous and alternating arm & leg motions on front and back. Also includes self-help and basic rescue skills.

### Level 3 (Stroke Development)

**1:10 PM – 1:50 PM**

Students learn to coordinate front & back crawl strokes. Introduction to butterfly and treading water and basic diving rules are covered.



## WATERTOWN RECREATION AGE GROUP SWIM TEAM

Tryouts will be September 21st or 23rd held at the Watertown High School, pool.

### PRACTICE TIMES:

Start date: Monday, September 27th

Practice times:

8 & Under:	M-W-Th	5-5:45pm
9& 0:	M-W-Th	5:45-6:30pm
	Tu	5-6pm
11&12:	M-W-Th	6:30-7:30pm
	Tu	6-7pm
	Fri	5-6pm
13&Over:	M-W-Th	7:30-8:30pm
	Tu	7-8:30pm
	Fri	6-7:15pm

For further information & registrations go to our website at:

[www.watertownctrec.com](http://www.watertownctrec.com)

### ADULT LAP SWIMMING

Adults age 16 and over are invited to come and swim laps for a good physical and cardiovascular workout. Please pay the lifeguard when you sign in at the pool.

**NO RESERVATIONS REQUIRED.**

**RESIDENTS ONLY.**

LOCATION: WATERTOWN HIGH, POOL

DATES/TIMES: TBA

COST: \$3.00/EACH DATE



### POOL SHARKS FRIDAY FAMILY SWIM

Adults and children enjoy the warm water of the swimming pool at the High School. Adults watching do not have to pay. Children ages 16 and under **MUST** be accompanied by an adult that is at least 18 years old. No shoes allowed on the deck. Please pay the lifeguard when you get to the pool.

**NO RESERVATIONS REQUIRED.**

**RESIDENTS ONLY.**

LOCATION: WATERTOWN HIGH, POOL

TIMES: 7:15 PM - 8:45 PM

DATES: TBA

COST: \$3 PER EACH DATE

\$7 PER FAMILY EACH DATE

IMMEDIATE FAMILY

MEMBERS ONLY!



**All Parks & Recreation programs are subject to change based on updated or adjusted guidelines as outlined by CDC, DPH, TAHD, CT SDE, and/or Watertown Public Schools.**

# LET'S GET CERTIFIED

## BASIC FIRST AID AND CPR: ADULT, CHILD/INFANT and AED

This course combines the American Heart Association First Aid and Heart Saver CPR for Adults Infants and Children with AED. Participants learn first aid basics for adults and show proficiency in skills. This course teaches what to do in a life threatening emergency. These emergencies include not breathing, choking and cardiac arrest (heart stopping) which occurs mostly in or near home. Sudden infant death syndrome and prevention of injuries and choking in infants and children will be discussed. With the knowledge and skills in this course participants will learn the warning signs of heart attack, stroke, cardiac arrest choking and breathing difficulties; CPR and relief of choking for adults, children and infants. Students receive hands on training with the AED. This course has a skills exam and no written test. Participants will receive an AHA Heart Saver two year certification card for Adult First Aid, CPR for adults/children, infants and AED use. Text purchase is not necessary if recertifying. This class reaches the requirements for coaching & job certification!! Instructor: Joan Palladino

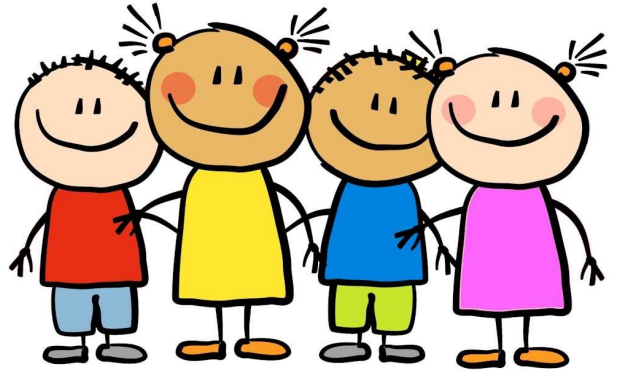
LOCATION: PARKS & RECREATION  
DATE: WEDNESDAY, OCTOBER 13TH  
TIME: 6:00 PM – 9:30 PM  
COSTS:

### ONLY FIRST AID OR CPR:

RESIDENTS: \$45.00/PP TEXT \$5.00  
NON-RES: \$55.00/PP TEXT \$5.00

### BOTH FIRST AID & CPR:

RESIDENTS: \$60.00/PP TEXT \$5.00  
NON-RES: \$70.00/PP TEXT \$5.00



## BABYSITTING COURSE

American Heart Association Babysitting course for anyone 10 years old and older. The class will offer students the necessary tools to become a reliable and safe babysitter. Students will learn basic child-care, safety precautions, child development, appropriate toys and more. Students will receive a handbook with all information needed to serve as a reference. Participants have to meet requirements of the course to receive certification. At the conclusion of the babysitting classes there will be a course on Pediatric CPR and First Aid. Instructor: Joan Palladino

LOCATION:	PARKS & RECREATION
DATES:	BABYSITTING CLASSES
	THURS, OCTOBER 21ST
TIME:	6:00 PM - 8:00 PM
DATES/TIMES:	FIRST AID & CPR
	FRIDAY, OCTOBER 22ND
	6:00 PM - 9:00 PM
COST:	RES: \$60 NON-RES: \$70

## REGISTER ONLINE

Simply go to [www.watertownctrec.com](http://www.watertownctrec.com) and create your household. You'll then be able to register and pay for any and all recreation programs and special events from the convenience of your own home!

[www.watertownctrec.com](http://www.watertownctrec.com)

# HANDS ON AS WE GROW



## KIDS COOK! JUNIOR CHEFS!

Got a fan of Food Network cooking shows in the family? Does your child love spending time experimenting in the kitchen? If so, Kids Cook! Junior Chef Camp is exactly what you need in your fall plans. Our awesome six-day culinary arts class gives children the skills they need to start cooking and building confidence in the kitchen. Youth learn the joys of preparing fun (and yes, healthy and nutritious) food from Chef Rita Hubbard as they receive age-appropriate instruction on kitchen and food safety, cleanliness, preparation, and presentation. Instructor: Ms. Rita Hubbard

LOCATION: SWIFT MIDDLE SCHOOL  
COOKING ROOM

DATES: SATURDAYS; OCTOBER 16,  
23, 30; NOVEMBER 6, 13, 20

AGES/TIME: 5 TO 7 9 AM – 10:30 AM

AGES/TIME: 8 TO 13 11 AM – 1 PM

COSTS: RES: \$52 NON-RES: \$57

## FOODOLOGY

We're excited to cook with you! Foodology is a creative way to spend time with friends or just test out your baking skills! Tweens can make new discoveries and create like mad scientists whose lab...is a kitchen! All recipes will be provided. Instructor: Rita Hubbard

LOCATION: FALLS AVE CENTER

DATE: FRIDAYS; OCTOBER 15, 22,  
29; NOVEMBER 12, 19

TIME: 7 PM – 8:30 PM

AGES: 9 TO 12

COST: RES: \$57 NON-RES: \$67



## JUST IN TIME

## FOR THE APPLE HARVEST

Just in time for the apple harvest! Join us as we teach the children how to make mini apple breads and a layered apple parfait. Mixing, chopping, and measuring is a great way to start in the kitchen. As their breads are baking they will prepare a layered parfait with crushed graham crackers, sliced apples, caramel and whip cream. Two great treats to enjoy here or take home and share with the family. Please contact The Buddha Bistro 860-417-6737 or email them at thebuddhabistro@gmail.com. No walk in's allowed, you must be paid for in advance.

LOCATION: THE BUDDHA BISTRO  
27 SIEMON COMPANY DR  
SUITE #108S

DATES: SATURDAY, SEPTEMBER 18

TIME: 2:30 PM – 4:00 PM

AGES: 4 - 8

COST: \$22.00/PER CHILD

## HALLOWEEN TACO BINGO NIGHT

The Buddha Bistro presents Halloween Tacos and Bingo Night! This is a crowd favorite. Come and enjoy a night out with friends. Wear your costumes if you dare! There will be 3 bingo games with prizes awarded. Your choice of refried bean, spicy chick pea or spicy chicken tacos with a table filled with some of your favorite toppings. BYOB! Please contact The Buddha Bistro 860-417-6737 or email them at thebuddhabistro@gmail.com. No walk in's Limited Space.

LOCATION: THE BUDDHA BISTRO  
27 SIEMON COMPANY DR  
SUITE #108S

DATES: FRIDAY, OCTOBER 29TH

TIME: 5:45 PM – 7:30 PM

AGES: 18+

COST: \$22.00/PER ADULT



## KIDS HALLOWEEN BINGO AND TREATS

The kids will be playing two games of Halloween bingo, decorate pretzels and make up some fun treat bags. Apple cider and hot cocoa will be served. Prizes will be awarded. Wear your costume! Please contact The Buddha Bistro 860-417-6737 or email them at thebuddhabistro@gmail.com. No walk in's allowed, you must be paid for in advance.

LOCATION: THE BUDDHA BISTRO  
27 SIEMON COMPANY DR  
SUITE #108S  
DATES: SATURDAY, OCTOBER 30TH  
TIME: 2:30 PM – 4 PM  
AGES: 4 - 8  
COST: \$20.00/PER CHILD

## KID'S CHRISTMAS COOKIE DECORATING HOT COCOA & MARSHMALLOW SNOWMEN

The kids will enjoy making homemade hot cocoa, marshmallow snowmen and decorating a variety of Christmas cookies. Please contact The Buddha Bistro 860-417-6737 or email them at thebuddhabistro@gmail.com. No walk in's allowed, you must be paid for in advance.

LOCATION: THE BUDDHA BISTRO  
27 SIEMON COMPANY DR  
SUITE #108S  
DATES: SAT., DECEMBER 18TH  
TIME: 2 PM – 3:30 PM  
AGES: 3 - 9  
COST: \$22.00/PER CHILD

## **AFTER SCHOOL ALL STARS**

### BACK TO SCHOOL BASH!

Join Ms. Cincogrono and Ms. Collier for an afternoon of fun! We will celebrate the successful start of another year with snacks, games, prizes, and crafts! A Watertown Parks and Recreation employee will sign your child out of school during the JTPS dismissal! A note must be sent to your child's teacher, granting permission for your child to stay after school! Instructors: Donna Cincogrono and Hannah Collier

LOCATION: JOHN TRUMBULL, RM 100  
DATE: MONDAY, SEPTEMBER 27  
TIME: AFTER SCHOOL-5PM\*  
GRADES: K - 2  
COST: \$35.00

### HALLOWEEN HAPPENINGS

BOO! Happy Halloween to you! Join Ms. Cincogrono and Ms. Collier for an afternoon of Halloween excitement! We will celebrate Halloween with crafts, games, and snacks. It is sure to be a "spooky good time"! Children may change into their costumes during the party! A Watertown Parks and Recreation employee will sign your child out of school during the JTPS dismissal! A note must be sent to your child's teacher, granting permission for your child to stay after school! Instructors: Donna Cincogrono and Hannah Collier

LOCATION: JOHN TRUMBULL, RM 100  
DATE: MONDAY, OCTOBER 25  
TIME: AFTER SCHOOL-5PM\*  
GRADES: K - 2  
COST: \$35.00

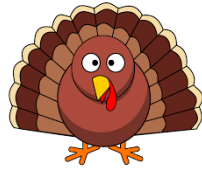





## TERRIFIC TURKEYS!

Happy Thanksgiving! Ms. Cincogrono and Ms. are thankful for you! Children will be engaged with crafts, stories, snacks, and fun during this Thanksgiving Party! A Watertown Parks and Recreation employee will sign your child out of school during the JTPS dismissal! A note must be sent to your child's teacher, granting permission for your child to stay after school! Instructors: Donna Cincogrono and Hannah Collier

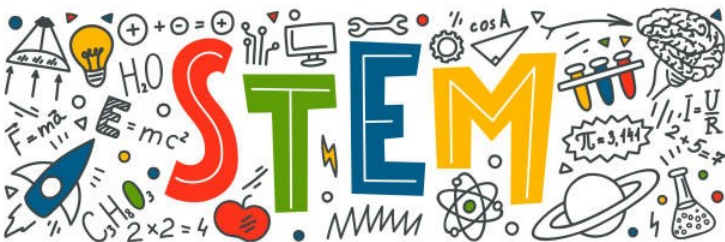
LOCATION: JOHN TRUMBULL, RM 100  
DATE: MONDAY, NOVEMBER 15  
TIME: AFTER SCHOOL-5PM\*  
GRADES: K - 2  
COST: \$35.00



## MAGICAL CREATIONS

Harry Potter fans unite! Join Mrs. Milo in exploring the Wizarding World through food science, and fun! In this program, participants will get to make a variety of creations based on the world of Harry Potter. The program will allow participants to create snacks and treats, STEM projects, games, and participate in trivia based on the books and movies! Instructor: Mrs. Stephanie Milo

LOCATION: POLK, RM 315  
 DATES: WEDNESDAYS; OCTOBER  
 6, 13, 20, 27; NOVEMBER  
 3, 10  
 TIME: 3:45 PM - 4:45 PM  
 AGE: 8-13  
 COST: \$110.00



# WINTER WONDERLAND CELEBRATION

Join Ms. Cincogrono and Ms. Collier to celebrate the upcoming winter season! There will be snacks, crafts, music, and tons of fun! Children are encouraged to dress in their holiday-best! A Watertown Parks and Recreation employee will sign your child out of school during the JTPS dismissal! A note must be sent to your child's teacher, granting permission for your child to stay after school! Instructors: Donna Cincogrono and Hannah Collier

LOCATION: JOHN TRUMBULL, RM 100  
DATE: MONDAY, DECEMBER 13,  
TIME: AFTER SCHOOL-5PM\*  
GRADES: K - 2  
COST: \$35.00

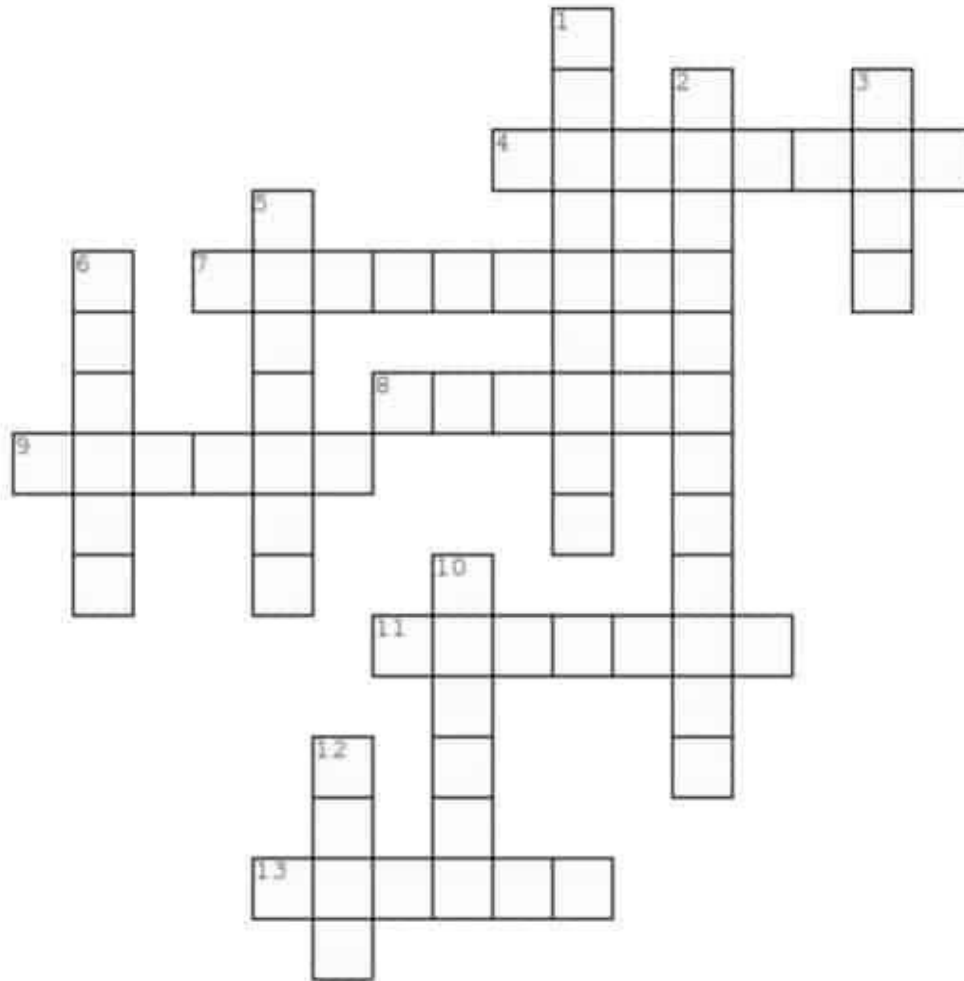
## KIDS PARTY TIME!

This interactive class is packed with games, fun fitness activities, tag games, music and dancing, fitness and nutrition games, stretching and connecting with other children. Participation in this program will equip students with life-long multi-faceted wellness habits. It's also a lot of FUN! This course will be taught by Jill Patterson, RDN- Registered Dietitian Nutritionist, Certified Personal Trainer, and Certified Fitness Instructor.

**LOCATION:** JOHN TRUMBULL  
**DATES:** MONDAYS;  
**SESSION 1:** SEPT 20, 27; OCTOBER  
 4, 18, 25, NOV 1  
**SESSION 2:** NOV 8, 15, 29; DEC 6,  
 13, 20  
**TIME:** 3:45 PM – 4:40 PM  
**AGES:** 4 – 10 YEARS OLD  
**COST:** \$70



# Fall Crossword



**Acorns**  
**Autumn**

**Corn**  
**Rake**

**Harvest**  
**Halloween**

**Scarecrow**  
**Thanksgiving**  
**Rodent**

**Pumpkin**  
**Hashanah**

**Orange**  
**Leaves**

## Across

- 4. Jewish Holiday, Rosh \_\_\_\_\_
- 7. Scary Holiday
- 8. Fall from oak trees
- 9. Change colors
- 11. For carving and pie
- 13. Color

## Down

- 1. Used to frighten birds
- 2. Feast Holiday
- 3. Tool to clean the grass of leaves
- 5. Marks the end of the growing season
- 6. Squirrel
- 10. Another name for Fall
- 12. Grows on stalks



# SPORT PROGRAMS & LEAGUES

## YOUTH KARATE LESSONS

The Watertown Parks and Recreation Department offers a Karate program from 6:15 pm – 7:15 pm. A chance for 7-17 years old to develop martial arts skills, build strength and confidence, build self-discipline gained through the art of Cheezic Tang Soo Do. Participants should wear loose fitting clothing, such as sweat pants and t-shirts. Uniforms and equipment are optional and available for purchase directly from the instructor. Visit the organization's website at [www.cheezictsd.com](http://www.cheezictsd.com) for details of their history and philosophy.

LOCATION: POLK, GYM

DATES: **MONDAYS AND/OR WEDNESDAYS,**  
SEPTEMBER 13, 15, 20, 22, 27; OCTOBER 4, 6,  
13, 18, 20, 25, 27; NOVEMBER 1, 3, 8, 10, 15,  
29; DECEMBER 1, 6

TIME: 6:15 PM – 7:15 PM

COST: **ONE DAY (YOUR CHOICE):**

\$50/ YOUTH RES

\$57/ YOUTH NON-RES

**BOTH DAYS:**

\$100/ YOUTH RES

\$114/ YOUTH NON-RES



**FAMILY MAX: TAKE AN ADDITIONAL \$10 OFF  
FOR EVERY CHILD AFTER 2 PARTICIPANTS.**

AGES: 7 - 17 YEARS OLD

## ADULT KARATE LESSONS

The Watertown Parks & Recreation Department offers a 10-week program to adult students. The program will focus on self-defense. This class teaches those while building self-esteem and respect for self and others through the art of Cheezic Tang Soo Do.

LOCATION: POLK, GYM

DATES: **MONDAYS;** SEPT 13, 20, 27;  
OCT 4, 18, 25; NOV 1, 8, 15, 29; DEC 6

TIME: 7:15 PM – 8:15 PM

AGES: 15 & UP

COST: \$50 RES; \$54.00 NON-RES

## LITTLE NINJAS KARATE

Karate techniques incorporated with essential motor skills for 3-4 year olds. The curriculum includes balance, memory, team work, coordination, focus, and other age specific skills training. Often young children want to do what the big kids do but don't have the essential motor skills. This class teaches those while building self-esteem and respect for self and others. This class teaches those while building self-esteem and respect for self and others through the art of Cheezic Tang Soo Do.

LOCATION: POLK, GYM

DATES: **MONDAYS;** SEPT 13, 20, 27;  
OCT 4, 18, 25; NOV 1, 8, 15, 29; DEC 6,  
13

TIMES: 5PM – 5:30 PM

AGES: 3 & 4

COST: \$30/RES; \$37/NON-RES

## KICKIN' KIDS KARATE

Dynamic karate techniques taught with an emphasis on kicks, punches, blocks, coordination, and bullying prevention. Situational self-defense will be taught so our youngest can avoid conflict. Class is designed to have a student develop into the more structured karate program that starts at 7 years old. Emphasis on technique and coordination without the traditional forms patterns of movement. This class teaches those while building self-esteem and respect for self and others through the art of Cheezic Tang Soo Do.

LOCATION: POLK, GYM

DATES: **MONDAYS;** SEPT 13, 20,  
27; OCT 4, 18, 25; NOV 1, 8, 15, 29; DEC  
6, 13

TIMES: 5:30 PM – 6:15 PM

AGES: 5 & 6

COST: \$30/RES; \$37/NON-RES

## BALL TIL YOU FALL BASKETBALL CLINIC

During this basketball clinic we will focus on the game fundamentals, teamwork and sportsmanship. Be ready to have fun and participate in many basketball activities, drills and even games. Each participant will receive a "Ball Till You Fall" camp T-shirt as part of the program. Hurry up and register today to take your game to the next level. LIMITED SPOTS available for our upcoming training sessions. Bring your own water bottle! Instructor: Christopher Milo

LOCATION: JOHN TRUMBULL, GYM  
DATES: TUESDAYS;  
SESSION 1: SEPT 14, 21, 28; OCT 5, 12, 19  
SESSION 2: OCT 26; NOV 9, 16, 23, 30; DEC 7  
TIME/AGES: 3:35 PM – 4:35 PM  
GRADES 1&2  
4:45 PM – 5:45 PM  
GRADES 3-5  
COST: \$90/PER SESSION



## PICKELBALL "PICK UP GAMES"

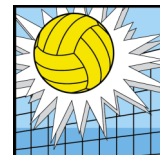
This six week program will give the advanced and beginner player an opportunity to play pick-up pickleball games against other men and woman in the area. Players can focus on stroke, strategy and conditioning. Instruction and equipment will not be provided. NO REGISTRATION REQUIRED

LOCATION: CRESTBROOK PARK  
TENNIS COURTS  
DATES: FRIDAYS; SEPT 17, 24;  
OCT 1, 8, 15, 22  
TIMES: 6 PM – 7 PM  
COST: FREE

## VOLLEYBALL CLINIC

This program will include agility, strengthening and skill development for all players' grades 4<sup>th</sup> & 5<sup>th</sup>. Groups will be separated by age. Instructor: Michael Theriault

LOCATION: SWIFT, LARGE GYM  
DATES: MONDAYS; NOVEMBER 8, 15, 29; DECEMBER 6, 13, 20; JANUARY 3, 10 (NONE 11/22; 12/27)  
TIMES: 6:30 PM – 8 PM  
GRADES: 4<sup>th</sup> & 5<sup>th</sup>  
COST: \$40



## LACROSSE CLINIC

Watertown Lacrosse Clinic will be structured by starting with individual player skills coached by counselors in a group format. This will progress to "live" drills, structured competitive drills and scrimmage format as the sessions progress.

Camp counselors are former collegiate lacrosse players from:  
University of Hartford  
Eastern Connecticut State University  
Post University  
University of Rhode Island  
Mount Saint Mary College

*All clinic/camp COVID-19 protocols will follow the guidelines of the Watertown Parks and Recreation Department.*

LOCATION: WATERTOWN HIGH,  
FRONT FIELD  
DATES: SUNDAYS; SEPT 12, 19, 26;  
OCT 3, 10, 17, 24  
TIME: 6:30 PM – 8:30 PM  
AGES: 13-18 YEARS  
COST: \$75.00



# FITNESS & DANCE

## OUTDOOR WALK & TONE WORKOUT!

Grab your sneakers and a water bottle for this fun outdoor class! This class will include a combination of walking, interval training (optional), toning exercises utilizing the body's own resistance, ab (without getting on the ground!) and core work and stretching. All levels of fitness are welcome, as low-impact/low intensity and high impact/high intensity options will be available. This course will keep you toned, increase your metabolism by increasing muscle cells, get outdoors and enjoy the fall weather, and have fun with others! Instructor: Jill Patterson

LOCATION: VETERAN'S PARK

DATES: MONDAYS; SEPT 13,  
20, 27, OCT 4, 11, 18

TIME: 6 PM – 6:50 PM

AGES: 16 & UP COST: \$70



## INTERVAL TRAINING!

Are you looking to shed pandemic pounds, reduce stress, get into great shape, feel energized, and have fun with others? We will warm-up and then alternate cardiovascular/aerobic dance combinations with toning exercises for arms, legs and abs and then finish with stretching. This type of workout has been shown to burn the most fat as the body readjusts to the varying exercises. All levels are welcome as you can go at your own pace. High intensity and low intensity options will be demonstrated. Please wear comfortable clothing and sneakers and bring hand held weights (3-5 pounds), a yoga or exercise mat, and water. Instructor: Jill Patterson,

LOCATION: JOHN TRUMBULL

DATES: MONDAYS;

SESSION 1: SEPTEMBER 20, 27; OCT 4,  
18, 25, NOV 1

SESSION 2: NOV 8, 15, 29; DEC 6, 13, 20

TIME: 4:45 PM – 5:40 PM

AGES: 16+ COST: \$70

## ZUMBA

Perfect for everybody and everybody! The perfect combo of fun and fitness makes for an amazing calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba Fitness classes are often called exercise in disguise. Come join the party! Please note, session dates are subject to change due to unexpected inclement weather and/or scheduling conflicts. Instructor: Rita Hubbard

LOCATION: POLK SCHOOL, CAFETERIA

DATES: MONDAYS & THURSDAYS;

SESSION 1: SEPTEMBER 13, 20, 23,  
27, 30; OCTOBER 4, 7, 14, 18, 21, 25, 28;  
NOVEMBER 1, 4, 8, 15

(SENIOR CENTER ON SEPT 16 & NO  
CLASS OCT 11 & NOV 11)

SESSION 2: DECEMBER 2, 6, 9, 13, 16,  
20; JANUARY 3, 6, 10, 13, 20, 24, 27, 31;  
FEBRUARY 3

(SENIOR CENTER ON DEC 23; JAN 20 &  
NO CLASS JAN 17)

TIME: 6:30 PM – 7:30 PM

AGES: 12+

COST: RES: \$40 NON-RES: \$45

DROP IN COST: \$5.00/PER CLASS

## GENTLE YOGA

In this class you will learn yoga postures to strengthen your muscles, increase your flexibility, balance, and range of motion. You will learn breathing techniques to reduce stress and help you maintain deeper levels of relaxation throughout your day. Wear loose comfortable clothing and bring an exercise/yoga mat or large towel and a small pillow. Instructor: Pat Conti

LOCATION: FALLS AVE CENTER

DATES: TUESDAYS,

SESSION 1: SEPT 14, 21, 28; OCT 5, 12, 19

SESSION 2: NOV 2, 9, 16, 23, 30; DEC 7

TIME: 7 PM - 8:15 PM

AGES: 15+

COST: RES: \$50 NON-RES: \$60

## T'AI CHI HEALTH & FITNESS

T'ai Chi Chuan is an exercise system that uses slow smooth body movements to achieve a state of relaxation for both body and mind. As a system of physical exercise used to improve and maintain health, T'ai Chi can be helpful in achieving longevity and quality of life. Each weekly session consists of: Meditation - to quiet the mind, Qigong Warm Ups- to relax and strengthen the body and T'ai Chi forms practice - to improve health. Continued practice improves balance & coordination and strengthens major muscle groups, in addition to increasing flexibility of joints. It has been clinically shown to reduce stress and lower blood pressure, and supports the functions of the immune system. Instructor: Roger Godin

LOCATION: POLK SCHOOL, CAFE  
DATES: WEDNESDAYS; OCT 6,  
13, 27; NOV 3  
TIME: 6:30 PM—7:15 PM  
AGE: 15+  
COST: RES: \$30 NON-RES: \$35

## COUNTRY LINE DANCING

This line dance class will provide the confidence and ease needed on the dance floor as participants will learn some fundamental steps and a variety of line dances – from the “Classics” to the “Fresh new dances. Line dancing is perfect for anyone who wants to dance independently. No partner is required, but feel free to bring along some friends and have lots of fun! You can line dance almost anywhere to many genres of music. Plus, you get exercise without realizing you are actually exercising. Instructor: Joanne Kallipolites

LOCATION: SWIFT SCHOOL, CAFE  
DATES: THURSDAYS; SEPT 23, 30;  
OCT 7, 14, 21, 28; NOV 4  
TIME: 7 PM – 9 PM  
AGES: 18+  
COST: \$65

## BEGINNING SWING & WALTZ

Welcome to the most up-tempo of the Ballroom dances (SWING) and the smoothest (WALTZ)! They are dances everyone should know to experience the joy of boogieing to the beat and floating-on-air around the dance floor. You will gain confidence in your social dancing, acquire a new appreciation of music AND experience a fun way to get in shape and meet new people. ALL AGES singles or couples welcome and NO previous dance experience or partners are necessary. Dance notes and Song lists included. Instructor: Jim Zaccaria

LOCATION: FALLS AVE CENTER  
DATES: MONDAYS; OCT 18 & 25  
TIME: 6:30 PM – 8:30 PM  
COST: RES: \$40 NON-RES: \$50



## BEGINNING SALSA & MERENGUE

Enjoy your favorite Latin tunes even more by learning two of the easiest of the Ballroom dances – SALSA & MERENGUE! Just three or four steps over four beats will get you moving to some of the greatest Latin music from around the world and looking like you grew up doing it. It's a fun way to exercise and socialize. ALL AGES singles or couples welcome and NO previous dance experience or partners are necessary. We'll develop a complete & easy routine for each dance that will get you attention at your next party! Dance notes and Song lists included. Instructor: Jim Zaccaria

LOCATION: FALLS AVE CENTER  
DATES: MONDAYS; NOV 8 & 15  
TIME: 6:30 PM – 8:30 PM  
COST: RES: \$40 NON-RES: \$50





## MUSIC AND MOVEMENT

Introduce your little ones to a world of dance through a variety of styles along with basic introduction to ballet. Skipping, leaping, galloping and group dances expand their movement repertoire. Emphasis on gross motor skills, flexibility, cooperation, creativity, and self-confidence! Comfortable clothes that the participant can move comfortably in, ballet shoes, bare feet or socks can be worn to this class. Instructor: Melissa Markiewicz

LOCATION: PRESTIGE DANCE CENTER  
76 WESTBURY PARK RD  
DATES: SEPTEMBER 25; OCTOBER  
2, 9, 16, 23, 30  
TIME: 11:15 AM - 12:00 PM  
AGES: 3 - 7  
COST: \$55.00

## KIDS HIP HOP DANCING

This fun and high energy class will have these kids moving and grooving to today's favorite hits! This class will incorporate stretching and strengthening while learning fun hip hop steps and combinations, for all levels, no experience needed! Comfortable clothes that the participant can move comfortably in, any dance shoe, bare feet or socks can be worn to this class. Instructor: Melissa Markiewicz

LOCATION: PRESTIGE DANCE CENTER  
76 WESTBURY PARK RD  
DATES: SEPTEMBER 24; OCTOBER  
1, 8, 15, 22, 29  
TIME: 5:15 PM - 6:00 PM  
AGES: 4 - 10  
COST: \$55.00

## WATERTOWN / OAKVILLE YOUTH SPORTS ORGANIZATIONS

The following are independent groups offering programs for our youth. 100% of their registration fees go to their organization. If you have any questions about how their organization is run you may contact them at the following numbers:

### \*WATERTOWN RECREATION AGE GROUP SWIM TEAM\*

CONTACT: 860- 945-5246

For any information, you can visit the swim team online at

[www.teamunify.com/ctycst/](http://www.teamunify.com/ctycst/)

### \*LEARN-to-SKATE PROGRAM\*

CONTACT: KELLEY 860-621-7588

[WWW.WATERTOWNSKATINGCLUB.COM](http://WWW.WATERTOWNSKATINGCLUB.COM)

### \*YOUTH ICE HOCKEY\*

[WWW.WYHA.US](http://WWW.WYHA.US)

### \*OWYAA POP WARNER FOOTBALL / CHEERLEADING\*

CONTACT:

OWYAA

P.O. Box 601

Watertown, CT 06795

### \*WATERTOWN LACROSSE\*

[WWW.WATERTOWNLACROSSE.ORG](http://WWW.WATERTOWNLACROSSE.ORG)

### \*G.R.O.W.S SOFTBALL\*

CONTACT: GEORGE PALOMBA  
860-483-6402

[WWW.ETEAMZ.COM/GROWS](http://WWW.ETEAMZ.COM/GROWS)

### \*WATER-OAK LITTLE LEAGUE\*

[WWW.WATEROAKLL.COM](http://WWW.WATEROAKLL.COM)

### \*W.A.Y.S. YOUTH SOCCER\*

[WWW.WATERTOWNYOUTHSOCCER.NET](http://WWW.WATERTOWNYOUTHSOCCER.NET)





# SPECIAL EVENTS

## WATERTOWN DAY AT QUASSY

**SATURDAY, OCT 9th & SUNDAY, OCT 10th**

What a better way to say “so long” to the summer of 2021 than an afternoon at historic Quassy Amusement Park. Quassy is offering a day of rides for **ONLY \$10.00/per Watertown/Oakville resident**. With the promo code Watertown/Oakville residents will receive a \$15.00 discount per ticket purchased online. Go to Quassy website and go to “Buy Tickets and Passes”. Look for orange promo box in the top left corner of the page. Enter Watertown’s promo code: **watertown21**. There is a **\$10.00 parking charge per car** and if you wish to eat, our restaurant and other stands will be open for business. This is a way of thanking our local and area communities for helping us celebrate “Many Years of Fun”. Quassy Amusement Park, is on Route 64, Middlebury,

## HARVEST CRUZE FESTIVAL MARKETPLACE/FOOD BAZAAR

Co-Sponsored by the Watertown Lions Club  
Watertown Parks & Recreation Department

**WHEN:** SUNDAY; SEPTEMBER 26, 2021  
10 AM – 3 PM

**RAIN DATE:** SUNDAY, OCTOBER 3, 2021

**WHERE:** WATERTOWN HIGH SCHOOL  
324 FRENCH STREET, WTN

**RULES:** ANY YEAR WELCOME

**GOOD STUFF:** 26 CLASS TROPHIES, GIVE AWAYS, RAFFLES, MUSIC, FOOD & FUN!

**ADMISSION:** SHOW CARS \$10.00  
FREE ADMISSION FOR SPECTATORS

**INFO:** DASH PLAQUES: 1<sup>ST</sup> 50  
CARS GET A FREE T-SHIRT

ALL CARS ARE WELCOME.  
PLEASE JOIN THE FUN!

Bring a canned good or other donations for the Watertown Food Bank. Proceeds to benefit the Watertown Lions Club Community Service Projects.



## TOWN-WIDE TAG SALE (YARD SALE)

Sales will occur in front yards, garages and on sidewalks throughout the town. A uniquely Watertown/Oakville event involving citizens, businesses, churches, civic groups, associations, Town leaders, neighbors and visitors building community and identity. Look for the “original yellow signs” by Watertown Parks & Recreation. The intent is that while cleaning out in the Fall everyone not toss everything but instead offer an opportunity to turn trash into treasure. All this to help build community through a shared experience and other celebrations one weekend in the Fall.

All participants who **register** will receive the following **benefits**: Registrant's street address will be listed on the back of the master map available for the Tag Sale. Maps will be located at Gayle’s Farm Shoppe, Adams Supermarket, Watertown Meat Center, Tony’s Seafood, LaBonnes Market and the Parks & Recreation Department. We will also be advertising registered sellers in the Waterbury Republican.

**DATE:** SATURDAY; OCTOBER 2, 2021

**RAINDATE:** SUNDAY, OCTOBER 2, 2021

**TIME:** EARLY BIRD: 7AM – 3PM

REGULAR HOURS: 8M – 3PM

**COST:** \$25.00

**Registrations are due by Mon, September 27th by 4:30pm.** For more information call the Parks & Recreation Department at (860) 945-5246 or visit our website:  
[www.watertownctrec.com](http://www.watertownctrec.com)



## WATERTOWN FARMERS MARKET

The Watertown Farmers' Market is returning in 2021 at the Town Garage, 690 Thomaston Rd. (Rt.6). Dates: July 11–October 24 from 10AM–1PM.

We have many of the farms returning from last year with new farms and season vendors. Local vendors, artisans and musical entertainment will also be attending weekly. Vegetables and fruits from the awesome farmers in our area along with baked goods, jams and jellies, local honey, oils and vinegars, eggs, meats and much more. Come celebrate the people who grow your food.



## HOWL-O-WEEN PET COSTUME CONTEST

The Watertown Parks & Recreation Department proudly presents our 2nd Virtual Howl-O-Ween Pet Costume Contest. Pet owners get creative! Our three categories are Feline, Canine and Other where all animals are welcomed! Submissions will be accepted from October 1st to October 25th! Email your application & photo to [watertownctrec@watertownct.org](mailto:watertownctrec@watertownct.org) or send it to the Parks & Recreation office, 61 Echo Lake Road, Watertown. Contest winners will be announced October 29th. Prizes will be awarded to the top winners in each category by our panel of judges. All entries will be posted on our Facebook page.

### **INSTRUCTIONS/RULES:**

\*Participants must be a resident of Watertown/Oakville.

\*You must own the animal whose picture you are submitting.

\*Limit to only one entry per family  
Must have an application submitted with your pictures by October 25th.

## SCARECROW CONTEST

The Town of Watertown Parks & Recreation Department is presenting the Town-Wide Scarecrow Contest! We would like families, businesses, schools, and organizations to flood the town with scarecrows of your making. We're sure you've seen some before: scarecrows on skis, horseback, bikes, behind a tractor or a lawn mower, sport theme scarecrows, farmers watching TV, even brides and grooms. It's up to you to decide what you can come up with.

### **It's so easy to participate:**

\*Decorate a Scarecrow

\*Display it outside your home/business

\*If you choose to participate we ask you to register by Wednesday,

October 13th by 4pm at

[www.watertownctrec.com](http://www.watertownctrec.com) or call

(860)945-4246 for assistance. We

would like to give out a list to those interested in viewing these creative marvels in OUR TOWN. They will be on display until October 31st.

\*Win AWESOME prizes! Contest winners will be announced on Monday, October 25th. They will be notified and prizes will be awarded to the top 3 displays.

**\*\*Fan favorite!\*\*** On Monday, October 18th the Parks & Recreation will post all pictures of scarecrows on Facebook, fans will have until Friday, October 22nd at midnight to vote on their favorite by simply "liking" the picture. We will also have the pictures posted at the Watertown P&R office at 61 Echo Lake Rd, Watertown, CT if you would like to vote in person. Let's put our talents out there for all to see!!



**SANTA'S LIGHT PARADE & FESTIVAL**  
**Celebrating**  
**SANTA CLAUS IS COMING TO TOWN**  
**FRIDAY, NOVEMBER 26th**

We continue to celebrate the arrival of Santa Claus with our annual parade and festival. This event is based upon a 20 year partnership between the Watertown Parks & Recreation and Watertown Fire Departments. Once again, for 2021, Santa's "escort" Parade will be a fully illuminated Light Parade. All participants must incorporate lighting into their parade costume, float, etc. The parade, which will be led by special holiday characters, is open to children, families, school & private music groups, theatre & performance groups, civic organizations and churches. Plan your participation early and start working on your plans now! In continuing with our tradition, Santa Claus will bring up the rear of the parade along with the Big Red Fire Engine.

When you arrive at the Gazebo, the Festival will continue with lots of fun activities for everyone in the family:

- \*Dessert and Hot Cocoa courtesy of the Watertown Fire Department
- \*Tree Lighting
- \*Family ornaments for the official Town Christmas Tree
- \*Children's games and entertainment
- \*Candle Lighting and Carol Singing
- \*Entertainment
- \*And of course Santa Claus himself will be present!

Dress warmly.....lots of hot chocolate.....a great family holiday tradition.....join us!

**FREE OF CHARGE**

**LOCATIONS: WATERTOWN FIRE DEPT  
GAZEBO – CORNER OF ROUTES 6 & 63**  
**DATE: FRIDAY, NOVEMBER 26, 2021**  
**TIME: 4 PM- MEET BEHIND THE FIREHOUSE**  
**4:30 PM- PARADE STARTS**  
**5 PM- SANTA ARRIVES**

**THE SPIRIT OF GIVING**  
**HOLIDAY MARKETPLACE**

The 11th annual The Spirit of Giving: Holiday Marketplace will be held from 10am – 2pm as part of the town-wide Santa's Light Parade. This Holiday Marketplace has developed a reputation and following because all of our vendors are local artists and artisans and offer their own hand-crafted and unique arts and crafts (no commercial vendors permitted). Applications for vendors are available at the Watertown Parks & Recreation Department. Come out for all your holiday gift shopping! There is something unique for everyone on your list. November 27th is also Small Business Saturday and in celebrating the many great businesses in Watertown/Oakville, we will work with local merchants, restaurants and businesses to offer great incentives to stay and shop local.

**FREE OF CHARGE**

**LOCATION: SWIFT SCHOOL, GYM**  
**DATE: SATURDAY, NOVEMBER 27**  
**TIME: 10 AM – 2 PM**



**COOKIES AND MILK WITH SANTA**  
**DATE: SATURDAY, DECEMBER 4TH**  
**1:00 PM – 3:00 PM**  
**SNOWDATE: SUN, DECMEBER 5TH**

Come have Milk & Cookies with Santa! The Watertown Parks & Recreation Department & Water-Oak Community Women's Club formerly the Watertown Junior Women's Club sponsor this program. Come enjoy cookies & milk (or other beverage) with Santa from 1pm-3pm at John Trumbull Primary School. Also featuring raffles, Santa's adventure face painting and have fun with "Make-and-Take" projects. Look out for a flyer that will be sent through the schools.



## SANTA'S MAILBOX

### NOVEMBER 24TH - DECEMBER 10TH

Do your little ones enjoy writing their letters to Santa each year? Bring them by Watertown Town Hall where the Parks & Recreation Department is located and drop them into Santa's Mailbox (61 Echo Lake Rd, Watertown). The box will be delivered from the North Pole on November 24, the day before Thanksgiving.

Every letter delivered to the mailbox by December 10th will receive a personalized response! In order to receive a reply, letters must have a clearly legible return address... neatness counts!

## SEASONAL REC-TIVITY KITS

The Watertown Parks and Recreation is now offering Rec-Tivity Kits for younger kids. They're bags filled with different craft supplies that align with seasonal themes for each month.

The kits are five dollars per month. The kits are best for children around the preschool through elementary school age. Once you complete the crafts, you can then send in pictures to be featured on the Parks & Rec Facebook page. All pictures should be emailed to [watertownc-trec@watertownct.org](mailto:watertownc-trec@watertownct.org).

**All Parks & Recreation programs are subject to change based on updated or adjusted guidelines as outlined by CDC, DPH, TAHD, CT SDE, and/or Watertown Public Schools.**

## NORTH POLE CALLING

Sponsored by the Watertown Parks & Recreation Department and The Watertown Recreation Commission. Children in Pre-K and Kindergarten can receive a call from Santa. Even with Santa's busy schedule, he will find time to call you directly from the North Pole. A special notice will be coming through the schools to help Santa schedule his call. For more information call The Watertown Parks & Recreation Office at (860)945-5246.

## THE WATERTOWN DOG PARK

The proposed Watertown Dog Park will be centrally located just off Main Street near the UNICO Field Complex, behind the Dollar General Store. It will be an "off leash" complex designed specifically for your favorite, non-aggressive four legged friend.

\*Approx. 1 acre in size.

\*A fenced area for the dogs.

\*Big/Small dogs areas.

\*Contained area to take off leash.

\*City water line has been installed.

\*Water bubbler (dog level spigot, water bottle filler, water fountain).

\*Real "hydrants" donated by Water & Sewer Dept.

\*Two "Doggie-Do post stations donated.

\*Couple of park dog benches.

*Please consider making a donation:*

Watertown Dog Park

Watertown Parks & Recreation Dept.

61 Echo Lake Road

Watertown, CT 06795

Donations can be made on our website at

[www.watertownctrec.com](http://www.watertownctrec.com)

# UPCOMING TRIPS

Passion to Travel??? Escape with us!!!

The Parks & Recreation Department offers an array of bus trips in the winter, spring, summer and fall to many destinations throughout greater New England and beyond.

All trips require payment in full at the time of registration. The Parks and Recreation Department will issue NO REFUNDS unless a trip is cancelled. If you have an emergency situation and cannot attend please call the Parks & Recreation Department as soon as possible.

All bus trips depart from and return to the Watertown Town Hall, 61 Echo Lake Road, Watertown, CT 06795. Seating on the motorcoach is not assigned, but is first come, first seated. Smoking is prohibited on the motorcoaches. No alcoholic beverages are allowed on the motorcoaches. Note: In order for trips to be able to run they may be shared with other groups requiring one or more pick-ups enroute to the destination. A tip for the Motorcoach bus driver is included in trip fees.

## WEDNESDAY, SEPTEMBER 22, 2021

### **BIG E WORLD TOUR**

Guests enjoy free entertainment, major exhibits, the Big E Super Circus, the Avenue of States, Storowtown Village, animals, rides, shopping, & foods from all around the world!

Depart: 9:00 AM Watertown (Deland Field)

Leave Big E at 6:15 pm

Estimated Return: 8:30 pm

Cost: \$40.00/Includes bus fair and admission

## SATURDAY, NOVEMBER 6, 2021

### **9/11 MEMORIAL MUSEUM BROOKFIELD PLACE ONE WORLD OBSERVATORY**

There are a million things to see in New York City, but only one way to truly see them all.

**The 9/11 Museum:** The National 9/11 Memorial & Museum is the country's principal institution concerned with exploring the implications of the events of 9/11, documenting the impact of those events and exploring 9/11's continuing significance. Multimedia displays, artifacts and narratives commemorate the lives of each & every victim of both the 2001 & 1993 attacks.

**The Memorial:** The Memorial's twin reflecting pools sit within the footprints where the Twin Towers once stood. The names of every person who died in the terrorist attacks are inscribed in bronze around the pools.

**Lunch** on your own Brookfield Place, an upscale food court in the heart of Lower Manhattan. Prepare to ascend to the top of the tallest building in the Western Hemisphere in less than sixty seconds at One World Observatory. Take in the iconic sights, surrounding waters and panoramic views of the skyline and beyond. Explore three levels filled with innovation and inspiration. The experience includes: Sky Pod Elevator, Main Observatory, Sky Portal, See Forever Theater.

Depart: 7:45am Chase Parkway

Commuter Lot, Waterbury

Estimated Return: 8:00pm Chase Parkway

Cost: \$133.00

## SATURDAY, DECEMBER 4, 2021

### **NEW YORK BOTANICAL GARDEN**

Move over Manhattan! New York's other big seasonal event goes on parade with the popular Holiday Train Show at the New York Botanical Garden. Wrapped in the glow of twinkling lights, model trains and trolleys zip along over winding tracks past scaled replicas of New York Landmarks. Orange slices, cinnamon sticks, poppy pods, pine cones and a host of plant materials are used to create the more than 140 architectural reproductions. The Statue of Liberty, Ellis Island, The Brooklyn Bridge and Yankee Stadium are just a few examples. See the gingerbread houses and ongoing demonstrations. Stop at the café and gift shop. Spend time on Arthur Avenue, the "Little Italy" of the Bronx for a chance to purchase wonderful Italian goodies in the fun Italian Market.

Depart: 7:45am Chase Parkway

Commuter Lot, Waterbury

Estimated Return: 8:00pm Chase Parkway

Cost: \$120.00

# PUBLIC PARKS

Please note that all parks close at dusk. There is no alcohol allowed at any park facility. Dogs are permitted as long as they are on a leash and properly cleaned up after.

**DONATE A PARK BENCH:** Donations can be made in honor of a loved one, for an individual accomplishment or from civic organizations. Benches are installed at Veterans' Memorial Park in Watertown. Plaques can be put on by individual purchasing the bench.

## **VERTERANS' MEMORIAL PARK, 570 NOVA SCOTIA HILL ROAD, WATER- TOWN:**

The Avery Lamphier Athletic Complex, or VMP for short, is located on 570 Nova Scotia Hill Road and contains two soccer fields, four youth baseball fields, a playground, a comfort station, two basketball courts, two bocce courts, walking trails, Latin's pond for fishing and a perfect place for walking, biking, or rollerblading. There is also a pavilion, which is centrally located in the park. This is available for public use, unless posted by the Watertown Parks & Recreation Department, and is now reserved by permit.

**CRESTBROOK PARK 834 NORTHFIELD RD, WATERTOWN:** Originally a 9-hole golf club, the town of Watertown purchased this facility in 1975 and added the second 9-holes in 1980. This 236 acre facility is home to Connecticut's second highest ranked Municipal golf course (golf digest, January 1996). It includes an 18-hole golf course, complete with a full service pro shop and five (5) acre practice facility. There is a restaurant with banquet facilities; picnic tables and a pavilion (permits for the pavilion are available at the Parks & Recreation Department), a public swimming pool, four (4) tennis courts, a 34 acre lake with a boat launch (electric motors only) and fishing.

For season ticket prices and greens fees, please contact the Crestbrook Pro Shop at 860-945-5249 or the Watertown Recreation Department at 860-945-5246.

Our on-site restaurant **The Sunset Grille** at Crestbrook, is available for lunch, dinner, banquets and catering. Please call 860-417-6688 for more info.

**SYLVAN LAKE PARK INTERSECTION OF FROST BRIDGE AND SYLVAN LAKE ROADS, OAKVILLE:** This park includes a waterfront for seasonal swimming and fishing, a half basketball court, playground and picnic area.

**ECHO LAKE PARK ICE HOUSE ROAD, WATERTOWN:** This park offers fishing, a beautiful setting for picnics and a "little tykes" playground in the shape of a boat.

**ADAMS ROAD PLAYGROUND ADAMS ROAD, WATERTOWN:** This is a small neighborhood playground is open to residents of Water-

## DID YOU KNOW?

### INSTRUCTORS WE WANT YOU:

The Watertown Parks & Recreation Department is looking for qualified and innovative instructors to do preschool, youth and adult programs. If you have a unique talent or skill or idea for a class, please contact Carrie Godfrey at (860) 945-5246.

### PARK FIELD/PAVILION PERMITS:

May be obtained by contacting the Watertown Parks & Recreation Department in the Municipal Offices at Heminway Park, 61 Echo Lake Road, Watertown, CT. Applications for permits of Watertown/Oakville will be available January 1<sup>st</sup>. All pavilion permits will be issued on a first-come-first-served basis.

### PUBLIC TENNIS COURTS:

Crestbrook Park, Northfield Rd, Watertown. There are four tennis courts available to the residents of Watertown/Oakville. We also reserve court time for 10 & Under modified tennis and also Pickleball! For reserved court time (1 ½ hours) contact the Parks & Recreation Department, fee is \$1.00.

### GIVE THE GIFT THAT GIVES BACK:

Does the act of giving leave you cold? Have gifts previously given been a little noticed, unused or unappreciated? The Watertown Parks & Recreation Department invites you to try again, or possibly have a first-time experience. Give a gift that satisfies both you, the giver, and all those who will benefit from your generosity.

**Watertown Parks & Rec**  
**860.945.5246**  
**[www.watertownctrec.com](http://www.watertownctrec.com)**



# FALLS AVENUE COMMUNITY CENTER & SENIOR SERVICES

311 Falls Avenue, Oakville

(860) 945-5250

Open Monday through Friday 8:30 a.m. to 4:30 p.m.

The Falls Avenue Community Center & Senior Services offers quality programs and recreational activities for adults 55 years of age and older.

In 2017, the Falls Avenue Community Center & Senior Services (FACCSS) was awarded Focal Point designation from the Western Connecticut Area Agency on Aging. The FACCSS joins the more than 60 percent of American senior centers that are designated Focal Points for delivery of the Older American Act (OAA) services that allows older adults to access multiple services in one place.

Our weekly programs include Bocce, Chair Aerobics, Pinochle, Pokeno, Billiards, Line Dancing, Wii Bowling, Knitting/Crocheting, Reflexology, Senior Exercise, Bible Study, Scrabble, Mah Jongg, BINGO, Poker, Setback, the Walking Club, and Karaoke! Throughout the month, special activities are offered such as musical entertainment and dancing, historical and cooking presentations, guest speakers, and educational and wellness programs.

Energy Assistance applications are accepted at the Center from September to April by appointment only.

The monthly newsletter that is available at the Center, the Parks & Recreation Department and on the Town of Watertown Website, lists all programs and activities.

Lunch is served at 11:30 a.m. on designated days of the week. Reservations are required to be made two working days in advance by 10:00 am. The suggested donation is \$3.00. **\*Please note that congregate meals have not been offered during the COVID-19 Pandemic. Please contact the Senior Center at (860) 945-5250 for information on when the congregate meal program will resume.\***

The senior bus is provided for residents 60 years of age or better or under 60 with a disability. The bus is available Monday through Friday between the hours of 9:00 am and 3:30 pm. Riders may purchase bus tickets from the bus driver. The suggested donation is 50 cents per one-way ride or \$5.00 for a book of 20 one-way rides. Call for reservations the morning before you need a ride. Reservations are taken between 8:30 am and 12:00 pm Monday through Friday. Call the center for a bus application, a copy of the bus policies and/or to ask any questions about bus availability and destinations.

For more information, please visit us or call 860-945-5250.



### **FALL IS HERE: COLORING CONTEST**

The Watertown Parks & Recreation Department would like all children to enter our coloring contest.

Use your imagination by using different materials (glitter, feathers, crayons, markers, beads, etc.)

Return it to the P&R office by **Friday, June 18th**. Winners will be picked by age group - Preschool, K, 1st, 2nd, 3rd & 4th grades. Prize winners will be notified to pick up their prize.