

CLOSED DUE TO COVID
FALLS AVENUE COMMUNITY
CENTER & SENIOR SERVICES

311 Falls Avenue, Oakville

(860)945-5250

Open Monday through Friday 8:30 a.m. to 4:30 p.m.

The Falls Avenue Community Center & Senior Services offers quality programs and recreational activities for adults 55 years of age and older.

In 2017, the Falls Avenue Community Center & Senior Services was awarded Focal Point designation and status from the Western Connecticut Area on Aging. The Falls Avenue Community Center & Senior Services joins the more than 60 percent of America's senior centers that are designed Focal Points for delivery of Older American Act (OAA) services allowing older adults to access multiple services in one place.

Our weekly programs include Wii Bowling, Pokeno, Bingo, exercise, chair yoga, Zumba Gold, line dancing, chair aerobics, Scrabble, knitting, cards and billiards. Throughout the month we offer special activities such as dances, vocalists, musicians, guest speakers, crafts and educational and wellness programs. Energy Assistance applications are taken at the center from September to April by appointment only.

Our monthly newsletter, available at the center, the Parks & Recreation Department and on line at www.watertownctrec.com, lists all programs and activities.

Lunch is served Monday, Tuesday and Thursday at 11:30 a.m. Monday's meal must be reserved before 10:00 a.m. on Thursday; Tuesday's meal must be reserved before 10:00 a.m. on Monday; and Thursday's meal must be reserved before 10:00 a.m. on Tuesday. The suggested donation is \$3.00.

The senior bus (for residents 60 years of age or better or under 60 with a disability) runs Monday through Friday between the hours of 9:00 am and 3:30 pm. Riders may purchase bus tickets from the bus driver. The suggested donation is 50 cents per one-way ride or \$5.00 for a book of 20 one-way rides. Call for reservations the morning before you need a ride. Reservations are taken between 8:30 am and 12:30 pm Monday through Thursday and between 8:30 am and 11:30 am on Friday. Call the center for a bus application, a copy of the bus policies or to ask any questions about bus availability and destinations.

For more information, please visit us or call 860-945-5250.